HAVEN in Lee County's

# Resource Guide

2017

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# **Addictions / Dependencies Services**

# Support Groups

#### **Alcoholics Anonymous - Lee County**

Phone: (919) 776-5522

**Located:** 319 Moore St / 407 W Main St Sanford, NC 27330

**Service Description:** Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and to help others recover from alcoholism. There are also AA meetings in Moore County 1 (800) 496-1742, Hoke County (910) 479-1781, Richmond County (910) 997-5174, and Scotland County 1 (866) 260-8133. **Website:** www.moorecountyaa.org – to find meeting locations, directions, times, and more information.

#### **Gamblers Anonymous - Lee County**

Phone: 919) 257-8475

Located: 525 Carthage St Sanford, NC 27330

**Service Description:** Support group for gamblers. Help the new member see that they are not alone, give them a sponsor that will keep in constant contact, set up a budget that will help pay back debts. Alsooffer help to spouses through Gam-A-Non.**Hours:** Friday 7:30 p.m. until. Meetings take place at Trinity Lutheran Church, located on 525 Carthage Street, Sanford, NC 27330. Many other meetings take place throughout the week within a 1 hour drive from Sanford. Visit website for more information.

**Intake Process:** Anywhere you live, you are welcome at any meeting.

Program Fees: No fees. We ask for member donations. The most we ask for is \$1 if you can afford it.

Website: http://www.gamblersanonymous.org/

#### Nar-Anon

**Service Description:** The Nar-Anon Family Groups are for those affected by someone else's addiction. Nar-Anon members are relatives and friends who are concerned about the addiction or drug problem of another. Nar-Anon's program of recovery is adapted from Narcotics Anonymous and uses Nar-Anon's Twelve Steps, Twelve Traditions, and Twelve Concepts of Service.

Hours: Check website for meeting hours and locations; Office Hours: Monday - Friday, 12:00 p.m.- 8:00

p.m. Eastern

Intake Process: Walk-In; Locate meetings at <a href="https://www.nar-anon.org/find-a-meeting/">www.nar-anon.org/find-a-meeting/</a>

Eligibility: Anyone affected by addiction of a relative or friend

Website: http://www.nar-anon.org/

# **Advocacy**

#### **Guardian ad Litem - Lee/Harnett/Johnston**

Phone: (910) 814-4690

Located: 301 West Cornelius Harnett Blvd. Suite 1047 Lillington, NC 27546

**Service Description:** The program is mandated by North Carolina General Statutes-7B-601 which provides that whenever the Department of Social Services files a petition alleging that a child has been abused or neglected, a guardian ad litem volunteer and attorney advocate are assigned by the program to represent and advocate for the best interest of the child.

Intake Process: Court appointed

Eligibility: Department of Social Services must first file a petition with the court alleging a child between

the ages of birth and 18 has been abused or neglected.

Hours: Monday-Friday, 8:00 a.m.-5:00 p.m.

Website: <a href="http://www.ncgal.org/">http://www.ncgal.org/</a>

#### **HAVEN in Lee County**

Phone: (919) 774- 8923

Located: 215 Bracken St Sanford, NC 27330

**Service Description:** Our mission is to help people heal from abuse as we work to end domestic violence and sexual assault through community education, intervention and primary prevention.

Hours: M-F 9:00am-5:00pm 24/7 Crisis Hotline

Website: www.havenlee.org

#### **Lee County Department of Social Services**

Phone: (919) 718-4690

**Located:** 530 Carthage St Sanford, NC 27330

Service Description: Meeting human needs for Lee County.

Website: http://www.leecountync.gov/

Helpful Forms: http://www.leecountync.gov/Departments/SocialServices/DSSForms.aspx

#### **Lee County Department of Youth and Family Services**

**Phone:** (919) 718-4650

Located: 112 Hillcrest Dr Sanford, NC 27330

**Service Description:** The mission of the Lee County Youth and Family Services is to serve the needs of runaways/homeless, court-involved, at-risk, or youth in crisis in a caring and sensitive manner, provide a safe place where they may receive humane and non-judgemental care or services, and provide counseling to strengthen the family units of the youth served.

Intake Process: Contact Pschologist, Roy Haddock for referrals. Contact program assistant Michael

Knapp for other inquiries.

**Eligibility:** Open to most youth who are at risk. **Hours:** Monday-Friday 8:00 a.m.-5:00 p.m.

#### Lee Harnett County Family Support Program

**Phone:** (910) 985-0126 / Toll Free (877) 776-6702

**Service Description:** Offers support, advocacy and education to families and caregivers of children with learning, emotional and behavioral challenges. Sponsor monthly support meetings and educational events free to the parents and community professionals. Able to attend IEP and CFT meetings with parents.

#### **Lee County Partnership for Children**

Phone: (919) 774-9496

Located: 143 Chatham St Sanford, NC 27330

Service Description: We build partnerships with families, agencies, and government. Our goal is to

insure that children who enter into Kindergarten are well prepared.

Hours: Monday- Friday 8am-5pm

Intake Process: Must fill out application for appropriate program.

Eligibility: Eligibility is different for each program.

Website: http://www.leecountypfc.org/

#### Legal Aid of North Carolina Pittsboro and Sanford

**Phone**: (919) 542-0475 / 1-866-219-5262 (toll-free; for clients only) **Located**: 959 East Street, Suite A & B Pittsboro, NC 27312

**Service Description:** Provides civil legal aid for individuals and, or families who qualify under Federal poverty guidelines. Legal assistance includes advice, counseling and representation. The service does not handle criminal, traffic, or certain other specified legal matters. Areas of service include public benefits such as food stamps, Medicare, Medicaid, Social Security, unemployment; consumer law credit; housing and landlord tenant law; expunctions; and domestic violence law. Volunteer opportunities. Everyone needs to qualify through the HelpLine first 866-219-5262.

Eligibility: Eligibility is determined by federal poverty guidelines for individuals and families.

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Intake Process: Call or visit

Website: http://www.legalaidnc.org/Pages/about-us/offices/pittsboro.aspx

#### **National Domestic Violence Hotline**

Phone: (800) 799-7233

Service Description: Domestic violence can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. Abuse is physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone. Domestic violence can happen to anyone of any race, age, sexual orientation, religion or gender. It can happen to couples who are married, living together or who are dating. Domestic violence affects people of all socioeconomic backgrounds and education levels. You may be in an emotionally abusive relationship if your partner: Calls you names, insults you or continually criticizes you. Does not trust you and acts jealous or possessive. Tries to isolate you from family or friends. Monitors where you go, who you call and who you spend time with.

Does not want you to work. Controls finances or refuses to share money. Punishes you by withholding affection.

Expects you to ask permission. Threatens to hurt you, the children, your family or your pets. Humiliates you in any way.

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Website: http://www.thehotline.org/

# **Children Services**

# Adoption / Foster Care

#### **Children's Home Society of North Carolina**

Phone: (910) 860-5534

**Located:** 351 Wagoner Dr Suite 309 Fayetteville, NC 28303

**Service Description:** North Carolina's leading source in adoption and foster care. Adoption, foster care, home studies, and birth parent services. CHS is funded through private contributions, performance-based contracts with state and federal funding, churches, and foundations.

Website: <a href="http://www.chsnc.org/">http://www.chsnc.org/</a>

#### **Coalition for Families**

**Phone:** (919) 774-8144

Located: 507 N Steele St Sanford, NC 27330

**Service Description:** The Coalition, established in 1991 is a non-profit organization whose efforts are centered to empower and encourage individuals and families to reach their potential by improving and enriching their quality of life. Priority areas are: the prevention of teen pregnancy, the reduction or infant mortality and family support activities.

Hours: 8:30 am- 5:00 pm

#### Lee County Department of Youth and Family Services

Phone: (919) 718-4650

**Located:** 112 Hillcrest Dr Sanford, NC 27330

**Service Description:** The mission of the Lee County Youth and Family Services is to serve the needs of runaways/homeless, court-involved, at-risk, or youth in crisis in a caring and sensitive manner, provide a safe place where they may receive humane and non-judgemental care or services, and provide counseling to strengthen the family units of the youth served.

Intake Process: Contact Pschologist, Roy Haddock for referrals. Contact program assistant Michael

Knapp for other inquiries.

**Eligibility:** Open to most youth who are at risk. **Hours:** Monday-Friday 8:00 a.m.-5:00 p.m.

#### Lee County Partnership for Children

Phone: (919) 774-9496

**Located:** 143 Chatham St Sanford, NC 27330

Service Description: We build partnerships with families, agencies, and government. Our goal is to

insure that children who enter into Kindergarten are well prepared.

Hours: Monday- Friday 8am-5pm

Intake Process: Must fill out application for appropriate program.

**Eligibility:** Eligibility is different for each program.

Website: http://www.leecountypfc.org/

# Child Care / Preschool / Afterschool

#### **Abundant Life Children's Center**

Phone: (919) 774-3347

**Located:** 1715 Spring Lane Sanford, NC 27330

**Service Description:** Every child is unique and we believe that success and growth come from encouragement and praise. Our teachers focus on building every child's self-esteem and confidence through positive feedback and rewards. We nurture their natural strengths. A child see's the world around them with wonder and awe, we believe in encouraging their natural curiosity.

**Hours:** 6:45am – 5:45pm

Enrolled in Subsidized Child Care Program: Yes

**Eligibility:** 6 weeks - 5 years old **Website:** www.abundantlifekids.com

#### All About Us-Kids Child Care

**Phone:** (919) 718-9258

Located: 329 CHARLOTTE AVE, SANFORD NC 27330

Service Description: Child Care

Enrolled in Subsidized Child Care Program: Yes

**Hours:** 24 hours a day – 7 days a week

#### **Boys & Girls Club of Central Carolina Inc.**

Phone: (919) 776-3525

Locations: 1013 Carthage St Sanford, NC 27330

**Service description:** An after school program and summer enrichment program for boys and girls 6-18 years old. We help strengthen the community by providing a safe, positive, constructive place for youth. The clubs offer young people a wide variety of educational, recreational, cultural, and social programs.

Website: http://centralcarolinaclubs.org/

#### **Blandonia Child Development Center**

**Phone:** (919) 774-4122

Located: 402 S Horner Blvd Sanford NC, 27330

Service Description: Childcare supervision and training for 2-12 year olds. Prepare a child for

kindergarten. Cares for school-age children ages 5-12 before/after school. Summer program for school-

aged children. Transportation for to and from school too.

Eligibility: 2 year olds - 12 years old

Intake Process: Call office

Program Fees: Sliding Scale available

**Enrolled in Subsidized Child Care Program:** Yes **Hours:** 6:30am-5:30pm Monday through Friday

#### **CHILDCARE NETWORK #102A**

Phone: (919) 775-3531

**Located:** 1309 Washington Ave Sanford, NC 27330

**Service Description:** Our mission at Childcare Network is to provide children with the highest quality early care and education, to serve as a supportive network and resource for families, strengthening the communities that we serve, and to work interactively with other responsive networks and services to ensure that high quality preschool education remains progressive, safe, and affordable for all families.

Enrolled in Subsidized Child Care Program: Yes

Type of Care: Before and After School, Daytime, Full-Time

Eligibility: 6 week-12 years old

Website: http://www.childcarenetwork.com/NorthCarolina-Sanford-NC-102

Hours: Monday - Friday 6:00 am - 6:00 pm

#### **DSS Child Care Subsidy Program**

Phone: (919)718-4690 Ext. 5229

**Located:** 530 Carthage St Sanford, NC 27330

**Service Description:** Subsidized child care was established to assist parents with the cost of child care. In order to qualify for subsidized child care, the parents or responsible adults must meet the program's income guidelines and must have a recognized need for child care. They must also be a resident of the county in which they apply. The child care subsidy program can assist parents with the cost of child care for children ages 0-12.

**Intake Process:** Make an appointment **Hours:** Monday-Friday, 8:00 a.m.-5:00 p.m.

#### Estelle's Child Care I

**Phone:** (919) 718-6705

**Located:** 1112 Woodland Ave Sanford, NC 27330 **Service Description:** Child care location one.

Eligibility: Newborn to 12 years old

Enrolled in Subsidized Child Care Program: Yes Hours: 6:00am – 12:00am Monday through Friday

#### Estelle's Child Care II

**Phone:** (919) 776-0020

**Located:** 505 Wall St Sanford, NC 27330 **Service Description:** Child care location two.

Eligibility: Ages 2 1/2 - 12 years old

**Enrolled in Subsidized Child Care Program:** Yes **Hours:** 6:00am – 6:00pm Monday through Friday

#### FIRST PRESBYTERIAN CHILD DEVELOPMENT CENTER

**Phone:** (919) 774-3500

Located: 203 Hawkins Ave Sanford, NC 27330

Service Description: Child Care Center

**Hours:** 6:45am – 5:45pm Monday through Friday **Enrolled in Subsidized Child Care Program:** Yes **Eligibility:** 6 weeks old through 12 years old

# Floyd L Knight School - The Children's Center

Phone: (919) 774-4634

Located: 607 W Mcintosh St Sanford, NC 27330

**Service Description:** The mission of Floyd L. Knight is to prepare each student to use self-determination in making informed decisions as he/she functions as independently as possible in home, school, and community settings and to provide a safe and orderly learning environment. FLK will provide a safe and orderly environment where all students can learn and all teachers can teach without the threat of

violence, or other disruptive incidents **Hours:** After School / Preschool

Enrolled in Subsidized Child Care Program: Yes

Eligibility: Preschool – School age

# Fran's Daycare, INC.

Phone: (919) 774-8052

Located: 906 S 3<sup>rd</sup> St Sanford, NC 27330

**Service Description:** Child care. **Eligibility:** Newborn - 12 years old

Enrolled in Subsidized Child Care Program: Yes Hours: 6:30am – 6:00pm Monday through Friday

#### **GRACE CHRISTIAN CHILD DEVELOPMENT CENTER**

Phone: (919) 776-2576

Located: 2601 JEFFERSON DAVIS HWY, SANFORD NC 27332

Service Description: Welcome to Grace Christian Child Development Center We are pleased whenever someone chooses Grace Christian Child Development Center for their child. We recognize the important job we have in assuming responsibility for the care and training of your children and will do our best in serving the needs of our students, and their parents. We truly consider it a privilege whenever someone chooses us to be a part of their children's lives. Grace Christian Child Development Center and Preschool is a nonprofit childcare center. We offer a curriculum which is based upon the Bible. The center is open to all children, regardless of race, nationality or creed, who may benefit from our type of program. The Center's program includes child care for infants through four years of age. The center operates Monday through Friday from 7:00 a.m. to 6:00 p.m. Office hours are 8:00 a.m. to 5:00 p.m. Proverbs 22:6 states, "Train up a child in the way he should go, and when he is old, he will not depart from it." Because of this, our goal is to provide the very best care and training available in a Christian environment. We teach daily of God's unconditional love and strive to be Godly examples to all of our children and parents. We believe that children must have assistance in five areas of growth: emotional, social, physical, academic and spiritual. Our desire is to help in this development. We understand that family is most important. Because of this, we work hard to assist parents in nurturing and training their children while they are in our care. As a part of our program, we expect to discuss the children's growth and development with the parents. Continued communication between home and child care center is vital for the development of a close

Enrolled in Subsidized Child Care Program: Yes

**Hours:** Monday through Friday from 7:00 a.m. to 6:00 p.m.

Website: http://gracecdcsanford.com/

#### **Ingram Family (Lee County) YMCA**

Phone: (919) 777-9622

**Located:** 1907 K M Wicker Memorial Dr Sanford, NC 27330

Service Description: The Ingram Family YMCA offers After School programs held at local elementary

schools. The YMCA provides transportation to the after school location when needed.

YMCA After School is from school dismissal until 6 p.m. Early release days are included at no extra cost.

**Eligibility:** At Tramway Elementary picking up from; Greenwood Elementary, J. Glenn Edwards Elementary, and Tramways Elementary. At B.T. Bullock Elementary picking up from; B.T. Bullock Elementary, Ingram Elementary, and West Lee Middle School.

Intake Process: Call Ingram YMCA

**Program Fees:** Prices will vary depending if you are a member of the YMCA or just a program participant. Membership prices are cheaper. Financial assistance is available. You may pay for programs in full, or on a drafted monthly schedule. We can provide 2 or 3 days a week options at a prorated cost.

Hours: School Dismissal - 6pm

#### Jonesboro Daycare

Phone: (919) 776-8231

**Locations:** 407 W Main St Sanford, NC 27330

Service description: Child Care Center Eligibility: 2½ years old – 13 years old

**Enrolled in Subsidized Child Care Program:** Yes **Hours:** 6:30am-5:30pm Monday through Friday

#### **Kiddie Land Day Care**

**Phone:** (919) 774-1184

Located: 912 Broadway Rd Sanford, NC 27330

**Service Description:** Child care. **Eligibility:** 6 weeks – 12 years old

Enrolled in Subsidized Child Care Program: Yes Hours: 6:00am – 6:00pm Monday through Friday

#### LEE CHRISTIAN SCHOOL K-4 PROGRAM

**Phone:** (919) 708-5115

Located: 3220 KELLER ANDREWS RD, SANFORD NC 27330

**Service Description:** To challenge each student to reach his/her full potential spiritually, mentally, and physically. Child Care Center runs through the school year, however there are summer camps available.

Call for availability.

Website: http://www.leechristianschool.org/

#### LIL' BUSY BODIES CHILD CARE CENTER

Phone: (919) 498-0044

Located: 35 ROBERTS ROAD, SANFORD NC 27332

**Service Description:** Providing good Child Care service means taking the time to listen to parents. We

will work with you every step of the way to make sure your child receive the care that they need.

Hours: 6am to 6pm Monday through Friday

Enrolled in Subsidized Child Care Program: Yes

**Eligibility:** 4 weeks to 10 years old **Website:** http://lilbusybodies.com/

#### **Little Dreamers Family Empowerment Center**

**Phone:** (919) 774-1414

Located: 1480 McNeill Rd Sanford, NC 27330

**Service Description:** Child Care **Eligibility:** 6 weeks – 5 years old

**Enrolled in Subsidized Child Care Program:** Yes **Hours:** 6:30am to 5:45 pm Monday through Friday

#### **Luxury Learning**

Phone: (919) 777-6908

**Located:** 201 N Horner Blvd & 504 N Ave Sanford, NC 27330

Service Description: Child Care Center. Two licensed 5-Star child care centers, serving infants (birth)-12

years of age. Providing high quality educational services in a luxurious environment.

Hours: 5:00am – 11:45pm Monday through Friday Enrolled in Subsidized Child Care Program: Yes

Eligibility: Newborn - 12 years old

#### **Precious Blessings Child Care**

**Phone:** (919) 718-6621

**Locations:** 1101 S 7<sup>th</sup> St Sanford, NC 27330

Service description: Child Care Center Eligibility: Newborn – School age

Enrolled in Subsidized Child Care Program: Yes Hours: 7:00am – 11:00pm Monday through Friday

#### **Saint Luke Preschool**

**Phone:** Main (919) 774-6224/ Church (919) 776-2012 **Located:** 2916 Wicker St Sanford, NC 27330

**Service Description:** Through a program based upon the one-. two-. three-. and four-year old child's needs and abilities, we help the child become well adjusted, secure, happy, and able to enjoy their age to

the fullest, as well as prepare them for their future school experience.

Intake Process: Call 774-6224

#### Saint Luke After School Program

**Phone:** Main (919) 777-5444 / Church (919) 776-2012 **Located:** 2916 Wicker St Sanford, NC 27330

**Service Description:** After school services for kindergarten through fifth grade children from Ingram, Bullock, and Tramway elementary schools. Includes snacks, devotions, homework time, playtime, crafts

and projects.

Eligibility: Kindergarten to fifth grade students from Ingram, Bullock, and Tramway schools.

Intake Process: Call 777-5444 to fill out paperwork.

Hours: Monday-Friday 2:30-6:00 p.m

#### Sanford Childcare, INC.

**Phone:** (919) 775-2515

**Locations:** 904 Bragg St Sanford, NC 27330

**Service description:** Child Care Center **Eligibility:** 6 weeks old – 12 years old

Enrolled in Subsidized Child Care Program: Yes Hours: 6:00am – 6:00pm with a second shift till 11:00pm

#### SHOOTING STARS LEARNING CENTER, INC.

**Phone:** (919) 776-0190

Located: 152 Charlotte Ave, SANFORD NC 27330

Service Description: Shooting Stars Learning Center believes that children are unique individuals. Our goal is to provide an experience, which meet the child's social, emotional, creative, physical and intellectual needs. Through hands on experience, children have the opportunity to explore their own individuality and creativity. We have both individual and group activities so the child not only learns about their world, but what role their peers have in it as well. We strive to strengthen the child's own cultural identity, and help them develop a respect for others who may be different. We encourage parent involvement whenever possible, inviting the parents to visit throughout the day as often as they like and we pride ourselves in having open communication with the parents at all times. To better assist our clients, we have both Spanish and English speaking personnel and accept debit and credit cards as well as cash for our child care services.

**Hours:** Mon - Fri: 6:00 am - 6:00 pm **Eligibility:** Newborn -12 years

#### **Small Hands-Big Future Child Care**

**Phone:** (919) 718-9434

Located: 1112 Broadway Rd Sanford, NC 27330

**Service Description:** Our Philosophy...To provide children with a caring, safe, and secure environment that utilizes a child centered curriculum. This curriculum is based on the emotional, physical, social, and cognitive needs of the individual child. Will take older aged kids for after school care.

Eligibility: 6 weeks - 5 years old

Enrolled in Subsidized Child Care Program: Yes Hours: 6:00am to 6:00 pm Monday through Friday Website: http://www.smallhandsbigfuture.com/

#### **Stop-N-Drop Academic Center**

Phone: (919) 776-2241

**Located:** 900 S Vance St Suite 100 Sanford, NC 27330

**Service Description:** We are proud to offer our quality program to your child. It's a great start to your child's academic success. Our curriculum includes Math, Science, Exploration, Creative Arts, Language Arts and more. We offer a safe, clean, learning environment, with an approved Pre-K curriculum and affordable before and after school rates. Our campus is a secure facility complete with security code access on the entrance door and cameras inside each classroom. We have made many improvements to the campus and work hard to provide a loving environment where children can learn, play, and feel at home.

Enrolled in Subsidized Child Care Program: Yes Hours: 6:30am to 6:00pm Monday through Friday Website: <a href="http://www.stopndropacademic.com/">http://www.stopndropacademic.com/</a>

#### The Children's Place of Sanford

Phone: (919) 774-7426

Locations: 301 S Franklin Dr Sanford, NC 27330

Service description: Child Care Center

**Eligibility:** 1 years old and walking – 5 years old **Enrolled in Subsidized Child Care Program:** Yes **Hours:** 6:45am – 5:30pm Monday through Friday

#### Warren Williams Child Development Center

Phone: (919) 774-3529

Located: 901 Lawrence St Sanford, NC 27330

Service Description: Our goal is to build effective partnerships between our school, students, parents,

and the community.

**Hours:** 8am-2:30pm Monday through Friday

# Counseling

# **Deep River Mediation**

Phone: (919) 542-4075

Located: 420 Russet Run Pittsboro, NC 27312

**Service Descriptions:** Deep River Mediation offers a variety of services in Lee and Chatham counties; However, primarily in Chatham County and limited in Lee County, many of them free of charge. Here are some examples...

**Victim-Offender Mediation:** assisting with discussions between a victim and offender, so the victim can understand what happened and why.

**Community Mediation:** helping individuals or groups involved in a dispute find solutions agreeable to them.

**Choices:** teaching conflict and anger resolution to youth and their parents.

**Teen Court:** moving cases for some offenses away from traditional court and into an alternative program where teens serve jury duties and perform community service while learning valuable life skills.

**Juvenile Community Service:** helping those found guilty in court make amends to the community and learn valuable lessons.

**Juvenile Restitution:** helping those found guilty in court restore their victims and learn valuable lessons. **Family and Divorce Mediation:** with fees charged on a sliding scale based on income.

**District Court Mediation:** provided for a fee set by the court.

**Anger Management:** 10 weeks of classes offered for a nominal fee (scholarships and fee wavers are available for those who qualify).

#### **Lee Harnett County Family Support Program**

Phone: (910) 985-0126 / Toll Free (877) 776-6702

**Service Description:** Offers support, advocacy and education to families and caregivers of children with learning, emotional and behavioral challenges. Sponsor monthly support meetings and educational events free to the parents and community professionals. Able to attend IEP and CFT meetings with parents.

Hours: Monday-Friday 9a-5p

#### **LCI-Youth Services**

Contact: (919) 774-3439

Located: 2711 Tramway Road Sanford, NC 27332

Service Description: Employment and education advancement, tutoring, mentoring, career development

assistance, trial work experience, GED offered. **Hours:** Monday-Friday 8:00 a.m.-4:30 p.m.

Intake Process: Interview, testing (written), reference letter, essay about why LCI should accept them,

meeting with an adult figure.

Eligibility: Age 16-21, low income, and one of the following: pregnant/parenting; foster child; school drop-

out; in the criminal justice system.

Website: www.lciinc.org

#### Sandhills Children's Development Services Agency

Phone: Main Office (910) 295-3133 / Sanford Office (919) 774-7338

**Located:** 503 Carthage St Suite 306 Sanford, NC 27330

**Service Description:** The Early Intervention Infant-Toddler Program is a program serving children from birth to three who are delayed in some area of development. Services include assessment, evaluation, service planning and implementation, treatment and service monitoring. Focus on 5 developmental areas: cognitive (thinking), physical (motor, hearing, and vision), communication, social emotional, and adaptive. Most services are provided in home or day care.

**Eligibility:** Birth to 3 years. A developmental delay or a specific genetic condition must be determined to receive intervention services.

**Intake Process:** Can self-refer or be referred by a physician or another agency. Can be in writing or by phone. Describe the concern and requested services.

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Website: http://www.beearly.nc.gov/

# Resources for Child Care Providers

#### **Coalition for Families**

**Phone:** (919) 774-8144

Located: 507 N Steele St Sanford, NC 27330

**Service Description:** The Coalition, established in 1991 is a non-profit organization whose efforts are centered to empower and encourage individuals and families to reach their potential by improving and enriching their quality of life. Priority areas are: the prevention of teen pregnancy, the reduction or infant mortality and family support activities.

**Hours:** 8:30 am- 5:00 pm

# **Clothing**

#### **Christians United Outreach Center of Lee County**

**Phone:** (919) 774-8485

**Located:** 2885 Lee Ave Sanford, NC 27332

Service Description: Food Pantry, Thrift Shop, Financial Assistance, Loan of Medical Equipment,

**Pastoral Care** 

Hours: Food Pantry: Monday, 4:00 p.m. - 6:00 p.m., Wednesday, Friday, 12:00 p.m. - 2:00 p.m.,

Thrift Store: Monday, 2:00 p.m. - 6:00 p.m., Tuesday - Saturday, 9:00 a.m. - 1:00 p.m.

Language: English/Spanish Website: www.cuoc.org

**Divine Finds** 

Contact: (919) 718-0446

**Located:** 511 Wicker St Sanford, NC 27330

Service Description: Divine Finds is a Non-Profit thrift shop in Sanford NC. All profits from our shop are

donated to Carolina Animal Rescue & Adoption, Lee County's only no-kill animal shelter.

Hours: M-F 9:00am-5:00pm Sat 9:00am-4:00pm

**Fabulous Finds** 

Contact: (919) 777-9048

Located: 201 N Steele St Sanford, NC 27330

Service Description: Thrift Store

Hours: 10am-5pm Tuesday through Friday / 10am-2pm Saturday

**Habitat Home Store** 

**Phone:** (919) 774-6767

**Located:** 405 Wicker St Sanford, NC 27330

**Service Description:** Thrift store for furniture and home needs. **Hours:** 9am-5pm Tuesday through Friday / 9am-3pm Saturday

**PTO Thrift Shop** 

Phone: (919) 776-4142

Located: 303 S Steele St Sanford, NC 27330

Service Description: Non-profit shop offering clothing, baby items, books, house wares, and toys. All

items are donated; and the proceeds from the items sold benefit Lee County Schools.

Hours: Monday-Saturday 9:00am-4:30pm

The Salvation Army – Family Store

Phone: (919) 776-2769

**Located:** 305 S. Steele Street Sanford, NC 27330

Service Description: Low cost clothing, household items, furniture, and antiques. Brand new mattresses

are also available.

Hours: Monday-Saturday 9:00 a.m.-5:00 p.m.

2<sup>nd</sup> Glances Thrift Store

Phone: (919) 353-5757

Located: 137 Wicker St Sanford, NC 27330

Service Description: Thrift Store

Hours: 10am-5pm Tuesday and Thursday, 10am-2pm/3pm-5:00pm Wednesday and Friday, 10am-3pm

Saturday

#### Cell Phones

#### **Assurance Wireless**

Contact: (888) 898-4888

**Service Description:** Assurance Wireless is a federal Lifeline Assistance program through Virgin Mobile. Offers a free wireless phone and 350 minutes of wireless service and free texts to eligible households each month. This is a Lifeline Assistance program and is available to individuals and households that qualify for: TANF; Food Stamps/SNAP; Medicaid; Supplemental Security Income; Federal Public Housing Assistance or Section 8; Low Income Home Energy Assistance (LIHEAP); Free Lunch Program; Has a household income at or below at or below 135% of the Federal Poverty Guideline. For additional minutes, there is a \$5 a month plan with 250 more minutes, and a \$30 a month plan with unlimited data.

Hours: 24 hours per day, 7 days per week, 365 days per year

Intake Process: Call to request application, or download from the website

**Eligibility:** Visit website to see if service is available in your area; Individuals and households that qualify for at least one of the following: TANF; Food Stamps; Medicaid; Supplemental Security Income; Federal Public Housing Assistance or Section 8; Low Income Home Energy Assistance (LIHEAP); Free Lunch Program; Has a household income at or below 135% of the Federal Poverty Guideline; Available to one qualifying customer per household. New Customers get a free cell phone and 500 minutes per month (for the First 4 Months. After 4 months, you get 250 minutes.)

Website: www.assurancewireless.com

#### SafeLink Wireless

Contact: 800-SAFELINK OR (800) 723-3546

**Located:** 9700 North West 112th Avenue Miami, FL 33178

**Service Description:** Part of Lifeline (a government supported program) that provides a free cell phone and airtime each month for income-eligible customers. Service provides 3 plans with free minutes including one plan with 68 - 350 minutes per month and free phone to participants (see website for plan details). Service has no charge, no credit check, no taxes, and no contract.

**Hours: Enrollments and Plan Changes at 800-SAFELINK:** Monday - Saturday, 8:00 a.m. - 10:00 p.m.; Sunday, 8:00 a.m. - 7:00 p.m. **Technical Support:** Monday - Sunday, 8:00 a.m. - 12:00 a.m.

Intake Process: Visit website; Phone call

**Eligibility:** Enter zip code in website to see if service is available in your area; For customer no currently receive LifeLine service through another phone carrier and Currently participate in one of the following assistance programs: Federal Public Housing Assistance/Section 8; Food Stamps; Low Income Home Energy Assistance Program (LIHEAP); Supplemental Security Income (SSI); Temporary Assistance for Needy Families (TANF); Medicaid; Crisis Intervention Program; Work First. Household income is at or below 135% of the poverty guidelines set by your State and/or the Federal Government

Website: www.safelinkwireless.com

# **County Services**

#### **Lee County Animal Services / Shelters**

Phone: (919) 718-4632

**Located:** 1450 N Horner Blvd Sanford, NC 27330

**Service Description:** County shelter for drop-offs, surrenders, and strays. For after hours emergencies, please call: Sanford Police Department:919-775-8268 or Lee County Sheriff's Department:919-775-5531

Hours: Monday-Friday 8am-5pm

#### Lee County Department of Social Services

**Phone:** (919) 718-4690

**Located:** 530 Carthage St Sanford, NC 27330

Service Description: Meeting human needs for Lee County. Website: http://www.leecountync.gov/

#### **Lee County Department of Youth and Family Services**

**Phone:** (919) 718-4650

**Located:** 112 Hillcrest Dr Sanford, NC 27330

**Service Description:** The mission of the Lee County Youth and Family Services is to serve the needs of runaways/homeless, court-involved, at-risk, or youth in crisis in a caring and sensitive manner, provide a safe place where they may receive humane and non-judgemental care or services, and provide counseling to strengthen the family units of the youth served.

Intake Process: Contact Pschologist, Roy Haddock for referrals. Contact program assistant Michael

Knapp for other inquiries.

**Eligibility:** Open to most youth who are at risk. **Hours:** Monday-Friday 8:00 a.m.-5:00 p.m.

#### Lee County Emergency Management

Phone: (919) 775-8279

**Located:** 225 E Weatherspoon St Sanford, NC 27330

Service Description: Verbal, print, and web-based emergency preparedness information made available

to the public.

Intake Process: Telephone requests for info to main number, (919) 775-8279; services not provided at

physical address.

**Eligibility:** All persons in Lee County. **Hours:** Monday-Friday, 8:00 a.m.-5:00 p.m.

Website: http://www.leecountync.gov/departments/oes/default.html

#### Lee County Parks and Recreation

Phone: (919) 775-2107

Located: 2303 Tramway Rd Sanford, NC 27330

**Service Description:** Youth Programs: Baseball, Softball, Tiny Tots, Children's Dance, Track and Field, T-ball, Preschool T-ball, Summer Camps, Swim Lessons, Gymnastics, Football, Wrestling, and Volleyball.

Adult Programs: Softball (Men's and Women's) and Basketball.

Public swim during the summer (admission fee charged).

Various rentals available (shelters, rooms, and OT Sloan Pool).

Website: http://www.leecountync.gov/

#### **Lee County Public Health**

**Phone:** (919) 718-4640

**Located:** 106 Hillcrest Dr Sanford, NC 27330

Service Description: Clinical Services, Community Health Education & Promotion, Environmental

Health, Lee Primary Care & Primary Care Plus

#### **Lee County Schools**

Phone: 919-774-6226

Located: 106 Gordon Street Sanford, NC 27330

Website: http://www.lee.k12.nc.us/

#### Lee County Senior Services

The Enrichment Center of Lee County - Department of Senior Services

**Phone:** 919-776-0501 **Fax:** 919-774-7593

Email: enrichment.center@leecountync.gov Located: 1615 S. Third Street Sanford, NC 27330

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

**Service Description:** The enrichment center has services that include living wills, indigent programs, resource library, notary public, senior games, community outreach, grandparent support, aging provider network, support groups, public access PC & Internet, nutritionally balanced meals, home delivered meals, respite referral, transportation, volunteer opportunities, medical information assistance, insurance counseling, tax assistance and resources for caregivers.

#### Lee County Sheriff's Office

Email: sheriff@leecountync.gov / wdoby@leecounty.gov

**Phone:** (919) 718-4561

Located: 1401 Elm St Sanford, NC 27330 Service Description: Law enforcement Eligibility: Must be a resident of Lee County Program Fees: \$30 to file civil summons

Intake Process: Call dispatcher

Hours: 24/7

Website: http://www.leecountync.gov/sheriff

#### NC Cooperative Extension Service in Lee County

Phone: 919-775-5624

**Located:** 2420 Tramway Rd Sanford, NC 27332

Website: http://www.lee.ces.ncsu.edu

**Service Description:** The Agricultural Education Program focuses on helping farmers solve everyday problems of crops, weed control, soils, forestry, and business management. Homeowners will find a wealth of information available to them concerning lawn, home gardens, landscaping, and insect and disease control. Family and Consumer Educations Programs are designed to strengthen families and the home environment. Areas include food, nutrition and health, environmental awareness, financial resource management, and food safety. This also includes 4-H Youth Development Programs children ages 5-18.

#### **Sanford Area Chamber of Commerce**

Phone: (919) 775-7341

Located: 211 S Steele St Sanford, NC 27330

Service Description: Provides relocation packets to individuals and businesses looking to move to Lee

County.

**Program Fees:** \$3.00 charge for maps

**Hours:** Monday-Friday 9:00 a.m.-5:00 p.m. **Website:** http://www.sanford-nc.com/

#### **Sanford Fire Department**

Phone: (919) 775-8310 for Non Emergencies / 911 for Emergencies

Located: No. 2 2220 Woodland Ave Sanford, NC 27330 / 512 Hawkins Ave Sanford, NC 27330 /

900 Cool Springs Rd Sanford, NC 27330 Website: http://www.sanfordnc.net

#### **Sanford Housing Authority**

**Phone:** (919) 776-7655

Located: 1000 Carthage St Sanford, NC 27330

Service Description: Low income housing. Also, Section 8 Rental Assisted Living.

Hours: Monday- Friday 8a.m.-5p.m.

Intake Process: Monday-Friday 8a.m-4p.m. Will not accept applications the first 5 working days of the

month. **Eligibility:** Based on income. Will also check into criminal and rental history.

Website: http://www.shanc.org/

#### Social Security Administration (SSA)

**Phone:** 919-775-1561 **Additional:** 919-775-1033

income (SSI).

# **Disabilities**

#### **Christian Healthcare Adult Daycare**

**Phone:** (919) 775-5610

**Located:** 507 N Steele St Sanford, NC 27330

Service Description: Adult daycare for disabled, mentally ill, and elderly adults who need supervision,

assistance, and group interaction or recreation during the day.

Hours: Monday-Friday 7:00 a.m.-5:00p.m.

Intake Process: Enrollment forms to be completed.

Eligibility: Adults 18 years and older. Disabled, mentally ill, or elderly adults.

#### Floyd L. Knight School

**Phone:** (919) 774-4634

**Located:** 607 McIntosh St Sanford, NC 27330

**Service Description:** The mission of Floyd L. Knight is to prepare each student to use self-determination in making informed decisions as he/she functions as independently as possible in home, school, and

community settings and to provide a safe and orderly learning environment.

Hours: Monday - Friday, 7:30 a.m. - 5:30 p.m.

Eligibility: Special needs children.

Website: http://www.lee.k12.nc.us/Domain/13

#### **Lee Harnett County Family Support Program**

**Phone:** (910) 985-0126 / Toll Free (877) 776-6702

**Service Description:** Offers support, advocacy and education to families and caregivers of children with learning, emotional and behavioral challenges. Sponsor monthly support meetings and educational events free to the parents and community professionals. Able to attend IEP and CFT meetings with

Hours: Monday-Friday 9a-5p

#### **Lee County Group Homes**

Phone: (919) 770-5660

**Email:** http://leecountygrouphomes@windstream.net/ **Located:** 1576 Kelly Dr Sanford, NC 27330

Service Description: Supervised residential facilities for developmentally disabled adults.

Hours: 24 hours per day, 7 days per week.

Eligibility: Ambulatory adults over 18 years old with a developmental disability.

#### **Lee County Industries (LCI)**

**Phone:** 919-775-3439 **Fax:** 919-774-6926

Located: 2711 Tramway Road Sanford, NC 27332

**Hours:** Monday-Friday 9:00am-3:00pm **Eligibility:** Developmental disability, over age 16, and able to feed and toilet themselves.

**Service Description:** LCI has programs that provide care and supervision in a protective setting for dependent adults living in the community during some portion of a 24-hour day. Services may include social and recreational activities, training that is essential for sustaining activities of daily living, hot meals, as appropriate and, if an adult day health care center, health and related services.

Day Program for Adults with Disabilities: Educational (Adult Basic Education and Compensatory

Education) and Vocational Services.

#### **LCI–** Vocational Rehabilitation

Phone: (919) 774-3439

Located: 2711 Tramway Road Sanford, NC 27332

Service Description: For adults with disabilities who have a desire to work competitively. Offers evaluation, work adjustment, job seeking assistance, job coaching, and assistance to employers who

need to make accommodations for their employees with disabilities.

**Eligibility:** Over 16 years old and have a disability (mental, physical, or developmental).

Intake Process: Must be referred by Vocational Rehabilitation or a private rehabilitation facility.

**Program Fees:** Fees are generally covered by Vocational Rehabilitation.

Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

Website: http://www.lciinc.org/

#### Leak's Family Care

Phone: Main House (919) 774-8149 / Stone Street (919) 777-9146

Sanford, NC 27330 Located: 316 W Globe St

**Service Description:** Assisted living facility for those with disabilities.

Eligibility: Disabled.

Intake Process: Accepts referrals through Social Services, area hospitals, and mental institutions.

Hours: 24 hours per day.

Program Fees: Covered by Medicaid and Social Security.

#### **Monarch Behavioral Services**

Phone: (919) 774-1485

Located: 214 McIver St Sanford, NC 27330

Service Description: Mental health provider offering psychological rehab for adults. Psychosocial Rehabilitiation (PSR) utilizes evidence-based practices to empower individuals with the skills they need to serve as active members of their community. PSR staff work with people in a group setting where positive peer support is part of healing. Group sessions help to increase self confidence, maintain mental stability, develop employment opportunities, and seek increased community interaction.

Insurance: They accept Medicaid, Health Choice, Medicare, and IPRS Website: https://www.monarchnc.org/the-arc/47-locations/lee/219-lee-psr

#### **Sanford Lions Club**

Phone: (919) 935-4077

Located: 505 N Seventh St Sanford, NC 27330

**Service Description:** Provide financial assistance to sight and hearing impaired: prior approval required. Eligibility: Prior approval required by Lee County Social Service Department. Contact Sanford Lions

Club

Website: http://www.sanfordlionsclub.com/

#### Skill Creations, Inc.

Phone: (919) 775-5622

Located: 1751 Hawkins Ave Sanford, NC 27330

Service Description: Provides residential services for developmentally delayed adults with mental

retardation as a diagnosis.

Hours: Provides care 24 hours day, Office hours: 9am-5pm Monday through Friday

Program Fees: Funded by Medicad Website: www.skillcreations.com

**Stevens Center** 

Phone: (919) 776-4048

Located: 1576 Kelly Drive Sanford, NC 27330

**Service Description:** Inclusive services for people with and without disabilities.

Website: http://www.stevenscenter.org/

#### t.l.c. home, inc.

Phone: (919) 774-4355

Located: 1775 Hawkins Ave Sanford, NC 27330

**Service Description:** t.l.c. home is a non-profit ICF/MR facility operated for the purpose of providing long-term continuing education, therapeutic, medical, care as needed for individuals with severe and profound developmental disabilities in order to improve and/or maintain basic developmental and daily living skills.

Hours: 24 hours a day, 7 days a week for occupants. For business purposes, Monday-Friday 9 a.m. -5

p.m.

**Intake Process:** Must fill out application to see if applicable.

Website: http://www.tlchome.net/

#### VC and Associates

**Phone:** (919) 774-3112

Located: 136 Carbonton Rd Sanford, NC 27330

**Service Description:** Mental health agency that provides outpatient therapy, intensive in-home services, day treatment services, diagnostic assessment, medication management, and psychological testing.

Eligibility: Need for mental health services.

Program Fees: Accepts Medicaid, Health Choice Insurance, Blue Cross Blue Shield, Tricare, Cigna,

Medicare and other third party carriers. No fee other than copay.

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

# Education

#### **Children's Program - Lee County Library**

Phone: (919) 718-4665

Located: 107 Hawkins Avenue Sanford, NC 27330

**Service Description:** Story time and reading program offered for children

Program Fees: To obtain a free library card, residents must have a valid driver's license/military ID with a

current address or proof of address. **Website:** www.leecountync.gov

#### **Central Carolina Community College**

Phone: (919) 775-5401

**Located:** 1105 Kelly Drive Sanford, NC 27330

Service Description: CCCC offers more than 45 curriculum programs, within these programs, students

can earn associate degrees or college transfer credits, diplomas, or certificates. Financial Aid

opportunities available! **Website:** www.cccc.edu

#### **English as a Second Language Assessment Center**

Phone: (919) 708-5026 / (919) 774-6226

Located: 2004 Nash Street Sanford, NC 27330

Email: schalmers.ls@lee.k12.nc.us

**Service Description:** The English as a second language (ESL) program provides academic and social English language instruction in speaking, listening, reading and writing to English language learners (ELLS) in grades K-12. Teachers with ESL certification provide content based instruction which integrates the topics, and vocabulary from the North Carolina Essential Standards in social studies and science and the Common Core State Standards in math and language arts, with the language functions of the North Carolina Essential Standards for English as a second language in order for students to achieve social and academic proficiency in the English language.

Website: https://www.lee.k12.nc.us/domain/225

#### Floyd L. Knight School

**Phone:** (919) 774-4634

Located: 607 McIntosh St Sanford, NC 27330

**Service Description:** The mission of Floyd L. Knight is to prepare each student to use self-determination in making informed decisions as he/she functions as independently as possible in home, school, and

community settings and to provide a safe and orderly learning environment.

Hours: Monday - Friday, 7:30 a.m. - 5:30 p.m.

Eligibility: Special needs children. Pre-school is fully inclusive.

.Website: http://www.lee.k12.nc.us/Domain/13

# Lee County Schools

**Phone:** 919-774-6226

Located: 106 Gordon Street Sanford, NC 27330

Website: http://www.lee.k12.nc.us/

#### **Warren Williams Child Development Center**

Contact: Silvia Bayer, Principal Email: sbayer@lee.k12.nc.us Phone: (919) 774-3529

**Located:** 901 Lawrence St Sanford, NC 27330

# **Educational Support Services**

#### **Boys & Girls Club of Central Carolina Inc.**

Phone: (919) 776-3525

Locations: 1013 Carthage St Sanford, NC 27330

**Service description:** An after school program and summer enrichment program for boys and girls 6-18 years old. We help strengthen the community by providing a safe, positive, constructive place for youth. The clubs offer young people a wide variety of educational, recreational, cultural, and social programs.

Website: http://centralcarolinaclubs.org/

#### **Central Carolina Community College Financial Aid**

**Phone:** (919) 718-7415 / General Info 919-718-7229 **Located:** 1105 Kelly Drive Sanford, NC 27330

**Service Description:** The mission of the Financial Aid Office is to provide professional student support services in a compassionate and committed manner to students, families, faculty, and staff while assuring the College's compliance with Federal, State, and Institutional regulations.

Hours: MWF 8:00am-5:00pm, Tuesdays 8:00am-7:00pm, Fridays 8:00am-3:30pm

**Eligibility:** Students must be a Lee County resident in good academic standing with the school or have

met admission requirements and be approved in a curriculum/

#### **Central Carolina Hospital Auxiliary**

Phone: (919) 774-2187

**Located:** 1135 Carthage Street Sanford, NC 27330

Service Description: This Nonprofit Organization is able to distribute funds to help families and

communities through projects and scholarships.

Website: http://www.centralcarolinahosp.com/community-health/volunteer-services

### **College Foundation of North Carolina (CFNC)**

Phone: (919) 834-2893 / Loan Repayment Information (800) 722-2838 / Savings Information – NC 529

Plan (800) 600-3453 / Main (888) 234-6400

Located: 2917 Highwoods Boulevard Raleigh, NC 27604

**Service Description:** Provides information to North Carolina students and families about paying for college. Provides personal help completing the Free Application for Federal Student Aid FAFSA. Serves entire state of North Carolina and out of state students enrolled in North Carolina as central lender for loans through North Carolina's Federal Family Education Loan Program FFELP. Also administers the North Carolina Student Incentive Grant Program for North Carolina college students with substantial financial need and the North Carolina National college savings program.

Hours: Monday - Thursday, 8:00 a.m. - 8:00 p.m.; Friday, 8:00 a.m. - 5:00 p.m.

Intake Process: Call for application or visit website to apply online.

**Program Fees:** Determined by loan amount.

Eligibility: Students seeking education loans or grants.

Website: www.cfnc.org

#### **CCCC-United Way Emergency Fund Grant Program**

Phone: (919) 718-7276

**Located:** 1105 Kelly Drive Sanford, NC 27330

**Service Description:** Provides grants to students from Lee County in order for them to start or continue their schooling at Central Carolina Community College. Emergencies such as power being disconnected at home, automobile repairs, etc., may be considered.

Hours: Monday and Thursday, 7:45 a.m.-5:00 p.m. Tuesday and Wednesday, 7:45 a.m.-7:00 p.m.

Friday, 7:45 a.m.-3:30 p.m.

**Intake Process:** Come to the Administration Building and complete an application with the Special

Programs Coordinator.

**Eligibility:** Student must be a Lee County resident in good academic standing with the school or have met admission requirements and be approved in a curriculum.

Website: www.cccc.edu

#### Lee County Partnership for Children-Early Care and Education

Phone: (919) 774-9496

**Located:** 502 Carthage St Sanford, NC 27330

**Service Description:** The Early Care and Education department of the LCPFC coordinates three grant activities: Quality Enrichment, Quality Maintenance, and Professional Development. The Quality Enrichment grant activity addresses the need for improved quality through funding for the purchase of goods, materials, and/or classroom furnishings and providing on-site technical assistance to eligible facilities. The Quality Maintenance grant activity provides services and support to qualified four and five star child care facilities in Lee County. The Professional Development grant activity addresses the need to decrease or eliminate barriers to and promote higher education for Lee County early childhood providers.

Intake Process: Fill out application for appropriate program.

**Hours:** Monday-Friday 8:00 a.m.-5:00 p.m. **Website:** http://www.leecountypfc.org/

#### **LCI -Youth Services**

Contact: (919) 774-3439

Located: 2711 Tramway Road Sanford, NC 27332

Service Description: Employment and education advancement, tutoring, mentoring, career development

assistance, trial work experience, GED offered. **Hours:** Monday-Friday 8:00 a.m.-4:30 p.m.

Intake Process: Interview, testing (written), reference letter, essay about why LCI should accept them,

meeting with an adult figure.

Eligibility: Age 16-21, low income, and one of the following: pregnant/parenting; foster child; school drop-

out; in the criminal justice system. **Website:** www.lciinc.org

#### The Salvation Army - "Next Steps Scholarship Fund"

**Phone:** (919) 718-1717

Located: 507 N Steele St Sanford, NC 27330

**Service Description:** The Salvation Army offers a scholarship to those in need to help remove financial barriers that live in Lee County and are seeking more education and/or need help with transportation to work and/or Central Carolina Community College for education.

**Eligibility:** Resident of Lee County (Valid ID Required), must be unemployed or underemployed, and income must be at or below 200% of the Federal Poverty Guidelines.

Intake Process: Come in person to fill out application and a Salvation Army representative will be in

touch with you.

Hours: Monday-Thursday, 9:00 a.m. - Noon, 1:00 p.m. - 4:00 p.m

Website: http://www.leearmy.org/

#### Libraries

#### Lee County Library - Broadway Branch

Phone: (919) 258-6513

Located: 206 S. Main Street Broadway, NC 27505

**Service Description:** Offers a wide variety of resources to residents of all ages.

**Hours:** Tuesdays and Wednesdays 2-6, Thursday 3-7. **Closed** on Sunday, Monday, and Saturdays. **Program Fees:** To obtain a FREE library card, residents must have a valid driver's license/military ID with

a current address or proof of address.

#### Lee County Library - Main Branch

Phone: (919) 718-4665

Located: 107 Hawkins Avenue Sanford, NC 27330

**Service Description:** Lee County Library offers a wide variety of resources to residents of all ages including books, entertainment DVD's, books on CD, magazines, newspapers, a public computer lab with wi-fi accessibility for personal laptops.

The library offers the following services: inter-library loan for obtaining books not in the library's collection, reference, exam proctoring, and outreach services to seniors in assisted living, nursing homes or homebound situations.

**Hours:** Monday 9:00 a.m. - 6 p.m., Tuesday, Wednesday, 9:00 a.m. - 9:00 p.m., Thursday, Friday, 9:00 a.m. - 6 p.m., and Saturday, 10:00 a.m. - 2:00 p.m.

**Program Fees:** To obtain a free library card, residents must have a valid driver's license/military ID with a current address or proof of address.

# **Employment**

# Job Searching

#### **Belflex Staffing Network**

Phone: (919) 718-0403

**Located:** 115 S. Horner Blvd Sanford, NC 27330

**Hours:** 8:00 a.m. – 5:00 p.m.

**Service Description:** Employment assistance. Clients can pre-register on the website prior to coming in. There is onboarding paperwork that can be done either online or at the agency. Please bring I9

documentation with you. There will be an interview and possibly a skills test, depending upon

employment opportunities. **Website:** https://belflex.com/

#### **Express Employment Services**

Phone: (919) 775-1292

Located: 307 N. Horner Blvd. Sanford, NC 27330

**Hours:** 8:00 a.m. – 5:00 p.m.

**Service Description:** Employment assistance. Clients can fill out the application online prior to coming in or at the office. Please bring resume to scheduled interview if you have one and bring I9 documentation.

There is a skills test as well as drug testing. **Website:** www.expresspros.com/sanfordnc/

#### First Choice Home Care, Inc.-Staffing

Phone: (919) 775-3306

**Located:** 506 Carthage Street Sanford, NC 27330

**Service Description:** Contractual arrangement providing Registered Nurses, Licensed Practical Nurses, and/or Certified Nursing Assistants, in clinics, skilled nursing facilities, assisted living facilities, hospitals, private homes, schools, and physicians' offices to temporarily replace or enhance regular staff.

Eligibility: Must be either an RN, LPN, or CNA. Intake Process: Call First Choice Home Care.

**Program Fees:** Fees based on contractual agreements.

Website: www.firstchoicehomecare.com

#### **Kelly Services**

Phone: (919) 708-5227 Located: 1921 Bragg St

Located: 1921 Bragg St Sanford, NC 27330

Website: www.kellyservices.com

**Service Description:** Employment assistance. Please bring I9 documentation with you. Clients will have a prescreen, a meeting with a recruiter, fill out an application, complete a drug screen, and a background

check, most likely, all in the same day.

#### **Lee County Industries (LCI)**

Phone: (919) 775-3439

**Located:** 2711 Tramway Road Sanford, NC 27330

Service Description: Provides job assistance, community programs, and vocational rehab to people with

physical, mental, or intellectual/developmental disabilities.

Website: http://lciinc.org/

#### Megaforce

Phone: (919) 774-8500

**Located:** 2511 Fayetteville Street Sanford, NC 27330

**Service Description:** Employment assistance. Clients will need to have a work history complete with dates and I9 documentation as well as access to a telephone. There will be an interview process

complete with drug screening and background check.

Website: http://www.megaforce.com/

#### **Multitech Mechanical Support**

Phone: (919) 747-3031

Located: 204 Independent Drive Sanford, NC 27330

**Service Description:** MMS provides employment assistance for clients with industrial labor positions such as plumbing, HVAC, electricians and sheet metal technicians. Clients can apply either in person at the facility or online. Please bring I9 documentation with you.

#### **NCWorks Career Center**

Phone: (919) 775-2241

**Located:** 1909 Lee Ave Sanford, NC 27330

**Service Description:** The NC Works Career Center can provide an information sheet and point of contact for the Headquarters Office in Raleigh for unemployment benefits since all filing is either done online or over the phone with the Raleigh Office. They also have a computer lab available for job searches (a valid ID must be presented to register). The Center can also assist with going back to school, veteran's services, and tax liaisons. The NCWorks Career Center provides access to employment, training, education, and economic development, labor market information, in addition to agricultural, faith-based and other related services in preparation for employment thus developing and sustaining a skilled workforce for employers enabling them to compete in the global marketplace.

#### **ProLogistix**

Phone: (919) 774-1377

**Located:** 339 Wilson Road Sanford, NC 27330

**Service Description:** Employment assistance for client seeking *warehouse* positions. Client will need to bring I9 documentation. Company would also prefer a copy of the following documents if applicable: high school diploma/GED, college transcripts, and DD214. There will be an interview complete with drug screening and background check.

Website: http://www.prologistix.com/locations/sanford-north-carolina/20047

#### ResourceMFG

**Phone:** (919) 774-1377

**Located:** 339 Wilson Road Sanford, NC 27330

**Service Description:** Employment assistance for client seeking *assembler, machine operator, or manufacturing* positions. Client will need to bring I9 documentation. Company would also prefer a copy of the following documents if applicable: high school diploma/GED, college transcripts, and DD214.

There will be an interview complete with drug screening and background check. **Website:** http://www.resourcemfg.com/locations/sanford-north-carolina/20047

#### Sanford Job Seekers

Phone: (919) 776-6137

**Located:** 202 Summit Dr Sanford, NC 27330

**Service Description:** The purpose of Sanford Jobseekers is to provide a support of networking, jobseeking skills in a confidential and nurturing environment, and development of spiritual encouragement and support during this time of transition.

#### **Work First - DSS**

Phone: (919) 718-4690

**Located**: 503 Carthage St Sanford, NC 27330

**Service Description:** To apply for cash assistance services, you must attend the Orientation/Assessment any day Monday or Wednesday at 9:00 a.m. You must be signed in with the DSS receptionist before 9:00 a.m. During the Assessment phase of the application process, the individual will learn which policies apply to him/her and the range of services available in Lee County. Work First Family Assistance recipients may qualify for Work First Employment Services unless the adult applicant is disabled, is a relative applying for a child, or a non-relative legal custodian/guardian applying for a child, or an undocumented alien applying for his/her documented children. There are services available to support job search and employment. These services may include childcare subsidy, short-term job training, and transportation services such as gas vouchers, cab service or the Colts van. We may also assist with the purchase of such items as work uniforms. An employment plan is tailored to the participants needs to help them become gainfully employed and provide for their family.

Hours: Monday-Friday 8:00am-5:00pm

Website: http://www.leecountync.gov/Departments/SocialServices/WorkFirstAssistance.aspx

# **Employment Preparation**

# <u>Brick Capital Community Development Corporation-Sanford Business Suites-Business</u> Development

Phone: (919) 775-2300

Located: 403 West Makepeace Street Sanford, NC 27330

**Service Description:** Sanford Business Suites has office space available for small businesses to rent. Seminars on "How to acquire government contracts," one-on-one assistance with business finance, mentor partnerships, and other business related needs. They also provide community outreach, home

ownership education classes, and home development projects.

Hours: Monday-Friday 9:00 a.m.-5:00 p.m.

**Program Fees:** Vary

Website: http://www.bc-cdc.org/

#### Central Carolina Community College Human Resources Development Program

**Phone:** (919) 777-7798

**Located:** 900 South Vance Street Sanford, NC 27330

**Service Description:** This program is the gateway to looking for employment. The Human Resources Development program provides skills for your job search and classes to meet needs related to

employment. These classes will teach you skills in resume writing, interviews, communication and people skills, as well as technology. We also offer a certification class, Career Reading.

**Hours:** Monday-Friday, 8 a.m. - 4 p.m.

Intake Process: Registration form and NC waiver (waiver allows qualified adults to have the class fee

waived).

Eligibility: Any adult 18 or older who is looking for job skill training

Program Fees: There is a program waiver fee for those adults who qualify.

#### **LCI-Youth Services**

Contact: (919) 774-3439

Located: 2711 Tramway Road Sanford, NC 27332

Service Description: Employment and education advancement, tutoring, mentoring, career development

assistance, trial work experience, GED offered. **Hours:** Monday-Friday 8:00 a.m.-4:30 p.m.

Intake Process: Interview, testing (written), reference letter, essay about why LCI should accept them,

meeting with an adult figure.

Eligibility: Age 16-21, low income, and one of the following: pregnant/parenting; foster child; school drop-

out; in the criminal justice system.

Website: www.lciinc.org

#### Work Permits

#### Lee County Department of Social Services- Youth Work Permits

Phone: (919) 718-4690

Located: 530 Carthage Street Sanford, NC 27330

**Service Description:** Issue employment certificates to children under the regulations of the State Department of Labor. Forms can be picked up at Social Services or printed from the Internet. After the employer completes the form, it must be brought to Social Services. The permit must be signed by the minor in front of the social service's staff issuing permits. The minor must bring with them their birth certificate or a legal picture identification.

**Intake Process:** Applicants apply for service at 530 Carthage Street. Forms can be picked up at Social Services or printed from the Internet. After the employer completes the form, it must be brought to Social Services. The permit must be signed by the minor in front of the social service's staff issuing permits. The minor must bring with them their birth certificate or a legal picture identification.

Hours: Monday-Friday 8:00 a.m.-5:00 p.m. Website: http://www.leecountync.gov/

# Job Development

# Stevens Center-Worker Initiated Networks for New Employment Relationship Support

**Phone:** (919) 776-4048

**Located:** 1576 Kelly Drive Sanford, NC 27330

Service Description: Employment assistance for job-seekers with disabilities.

Eligibility: Adults with developmental disabilities who are unemployed or under-employed, and who

qualify for services through Vocational Rehabilitation.

**Hours:** Monday-Friday 8:00 a.m.-5:00 p.m. **Website:** http://www.stevenscenter.org/

#### **Vocational Rehabilitation**

#### **LCI– Vocational Rehabilitation**

Phone: (919) 774-3439

Located: 2711 Tramway Road Sanford, NC 27332

**Service Description:** For adults with disabilities who have a desire to work competitively. Offers evaluation, work adjustment, job seeking assistance, job coaching, and assistance to employers who need to make accommodations for their employees with disabilities.

Eligibility: Over 16 years old and have a disability (mental, physical, or developmental).

Intake Process: Must be referred by Vocational Rehabilitation or a private rehabilitation facility.

**Program Fees:** Fees are generally covered by Vocational Rehabilitation.

Hours: Monday-Friday 8:00 a.m.-4:30 p.m.

Website: http://www.lciinc.org/

#### **Vocational Rehabilitation Services**

**Phone:** (919) 775-2247

**Located:** 201A Commercial Court Sanford, NC 27330

**Service Description:** Provides counseling, training, education, job placement, assistive technology and other support services. These services are provided to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.

**Hours:** Monday-Friday 8:00am-5:00pm **Website:** http://www.ncdhhs.gov/dvrs/

# Supplemental Security Income, Social Security Disability Insurance, Social Security Retirement Benefits, and Workers' Compensation

#### **Social Security Administration Office**

Phone: (877) 319-5774

**Located:** 401 Tiffany Drive Sanford, NC 27330

Service Description: Social Security Disability Insurance, Social Security Retirement Benefits, and

Supplemental Security Income.

Hours: Monday, Tuesday, 9:00 a.m. - 3:00 p.m. Wednesday, 9:00 a.m. - 2:00 p.m. Thursday, Friday, 9:00

a.m. - 3:00 p.m.

**Disability Eligibility:** Adults with a disability that no longer allows you to work. Disability must last or be

expected to last at least one year or end in death.

Supplemental Security Income Eligibility: Needs-based program for the elderly or disabled.

Website: http://office-locations.socialsecurityclaims.com/north-carolina/sanford/social-security-office-

sanford-nc-27330/

# **Environment, Arts, Entertainment, and Recreational Resources**

# **American Red Cross**

Phone: (919) 774-6857

Located: 507 N Steele St Sanford, NC 27330

**Service Description:** The American Red Cross is there to help prepare people to cope with, and recover from emergencies such as; disaster assistance from: one-family fires, floods, tornados, and hurricane victims. Emergency communication is also available. Health and safety education such as; CPR, First Aid, Water Safety, HIV/AIDS, and Baby Sitter Training. Blood donor programs are available too.

Website: <a href="http://redcross.org">http://redcross.org</a>

#### **County of Lee**

Phone: (919) 718-4615

Located: 106 Hillcrest Drive Sanford, NC 27330

**Service Description:** Administration, Human Resources, Finance, Elections, Emergency Services, Fire Marshall, Soil & Water, Information Technology, Public Health Department, Senior Services, Sherriff's Department, Social Services, Tax Administration, Youth and Family Services, General Services, Parks and Recreation, Library, Strategic Services, and Register of Deeds.

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

**Volunteer Opportunities:** Please call Human Resource department at 919-718-4615 or go to www.leecounty.org to fill out volunteer application. Print the application and bring to 106 Hillcrest Drive.

Website: http://www.leecountync.gov/

# Leisure and Sports Programs

#### **Boys & Girls Club of Central Carolina Inc.**

Phone: (919) 776-3525

**Locations:** 1013 Carthage St Sanford, NC 27330

**Service description:** An after school program and summer enrichment program for boys and girls 6-18 years old. We help strengthen the community by providing a safe, positive, constructive place for youth. The clubs offer young people a wide variety of educational, recreational, cultural, and social programs.

Website: http://centralcarolinaclubs.org/

#### Camp Royall, Autism Society of NC

Phone: (919) 542-1033

**Located:** Camp Royall 250 Bill Ash Rd Moncure, NC 27559

**Service Description:** Year round camp for individuals with autism. Summer overnight and day camp, Fall, Spring and Winter Camp, Mini Camp weekends, Adult Retreats, Family Fun Days and Family Camping, as well as an Afterschool Program. Staffing ratios 1:1 or 1:2. Activities include, swimming, boating, hiking, games in the gym, arts and crafts, music and more!

Intake Process: Summer Camp registration opens in January and closes at the end of February each

**Eligibility:** Campers with autism aged 4 years and up.

Website: http://www.camproyall.org

#### Ingram Family (Lee County) YMCA

**Phone:** (919) 777-9622

**Located:** 1907 K M Wicker Memorial Dr Sanford, NC 27330

Service Description: The Ingram Family YMCA offers a brand new gym, indoor pool, nursery, after

school care, group classes, and more. **Eligibility:** Member at the YMCA **Intake Process:** Call or visit YMCA

Program Fees: Membership fees vary based on household. Financial assistance available.

Hours: Monday - Thursday: 5:30 a.m. - 9 p.m., Friday: 5:30 a.m. - 8 p.m., Saturday: 8 a.m. - 5 p.m., and

Sunday: 1 - 5 p.m Website: https://www.ymcatriangle.org/ingram-family-ymca

### **Stevens Center-Recreation**

**Phone:** (919) 776-4048 **Located:** 1576 Kelly Drive Sanford, NC 27330

Service Description: Aerobics, basketball, bocce, First Friday Family Night, summer day camps.

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Eligibility: Children and adults with or without developmental disabilities.

Website: http://www.stevenscenter.org/

#### **The Enrichment Center of Lee County-Fitness**

Phone: (919) 776-0501

**Located:** 1615 South Third Street Sanford, NC 27330

Service Description: Fitness classes at the Enrichment Center are yoga, low impact aerobics/strength,

water aerobics, and a chair stretch and tone.

Hours: Call for class times.

Intake Process: Call to sign-up, or come by and try a class if space is available.

**Program Fees:** Water aerobics day class- Monday, Wednesday, and Friday from 11-12 noon-\$25 for the summer. Night water aerobics- Monday and Wednesday, 5:30-6:30-\$10 per month. Fitness Yoga-Monday 8-9, Tuesday 5:30-6:30, Friday 8:30-9:30-\$15 per month. All land aerobics/strength classes are \$10 per month. "Stretch and Tone" is a FREE class. Held on Tuesday and Thursday at 11.

**Eligibility:** Open to the public, but the main focus is for people born in 1964 or before.

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

#### The Enrichment Center of Lee County-Programs

Phone: (919) 776-0501

**Located:** 1615 South Third Street Sanford, NC 27330

**Service Description:** The Enrichment Center of Lee County is a North Carolina Senior Center of Excellence. Collaborated events are offered, including health fairs; health education self-care seminars; healthy eating cooking classes; and disease prevention. The Enrichment Center offers a variety of education programming, entertainment, fitness and health and wellness opportunities. The Center offers various classes from topics concerning financial planning, insurance, driver's refresher, art classes, current events, cooking classes, dancing, fitness, crafts, and computers. Evening dinner and entertainment scheduled at various times throughout the year.

Hours: Monday and Wednesday, 8:00 a.m.-7:00 p.m.; Tuesday and Thursday, 8:00 a.m.-10:00 p.m.;

Friday, 8:00 a.m.-5:00 p.m. Thursday and Saturday evening dances at 7:00 p.m. **Intake Process:** Registration required of many of the activities, call for details.

Program Fees: Fees vary depending on service, call for more information. Classes and dances may

require a fee. There is a cost for evening dinners.

**Eligibility:** Lee County residents

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

# Recreational Programs

#### **Boys & Girls Club of Central Carolina Inc.**

Phone: (919) 776-3525

Locations: 1013 Carthage St Sanford, NC 27330

**Service description:** An after school program and summer enrichment program for boys and girls 6-18 years old. We help strengthen the community by providing a safe, positive, constructive place for youth. The clubs offer young people a wide variety of educational, recreational, cultural, and social programs.

Website: http://centralcarolinaclubs.org/

#### **Girl Scouts of North Carolina: Coastal Pines**

Phone: (919) 774-6519 / (800) 284-4475

**Located:** 507 N Steele St Sanford, NC 27330

**Service Description:** Girl scouting builds girls of courage, confidence, and character who make the world a better place. Through a variety of enriching experiences, such as troop meetings, extraordinary field trips, sports skill-building clinics, community service projects and cultural exchanges, girls grow courageous and strong. Girl Scouts is open to ALL girls 5 to 17.

Program Fees: \$12 per year.

Intake Process: Registration and background check required for leaders and/or adult volunteers.

Website: http://www.nccoastalpines.org/

#### Lee County 4-H

Phone: (919) 775-5624

Located: 2420 Tramway Road Sanford, NC 27332

**Service Description:** 4-H offers clubs, special interest programs, summer camps, school enrichment and after-school child care. Guided by North Carolina Cooperative Extension educators, adult and teen

volunteers, 4-h'ers gain knowledge that help them become responsible citizens and leaders.

Program Fees: Free

**Hours:** 8a.m. - 5p.m. Monday-Friday **Website:** <a href="http://www.lee.ces.edu/">http://www.lee.ces.edu/</a>

#### Lee County Parks and Recreation

Phone: (919) 775-2107

Located: 2303 Tramway Road Sanford, NC 27332

**Service Description:** The mission of Lee County Parks and Recreation is to enhance the quality of life in Lee County by providing a broad variety of accessible leisure, recreation, and cultural activities and services. This vision is facilitated by providing a broad range of recreational and leisure opportunities to the diverse groups within our community. We offer family parks, walking & bike trails, outdoor education programs, camps, adult and youth recreational activities, aquatics classes, and sports for all ages. There's something for everyone at the Lee County Parks and Recreation Department.

Hours: 8a.m. - 5p.m. Monday-Friday

Website: http://www.leecountync.gov/Departments/ParksRecreation.aspx

# **Food**

#### **Beaver Creek Baptist Church**

Phone: (919) 499-9632

Located: 2280 Nicholson Rd Sanford, NC 27330

Service Description: Food Pantry available to those in need every Wednesday from 11:00am to

12:30pm. Eligibility: All

#### **Bread of Life Ministries**

**Phone:** Main (919) 427-8889 / Secondary (919) 776-2323

**Located:** 219 Maple Ave at the corner of Third and Maple Sanford, NC 27330

**Service Description:** Offering a food bank, hot meals, and clothing. Hot Meals - Lunch is served every Saturday, 11:00 a.m. -12:30 p.m.

Food bank - Open Tuesday, 4:00 p.m. - 6:30 p.m.

A clothing pantry is also open during the times of food serving.

Hours: Soup Kitchen - Saturday, 11 a.m.- 12:30 p.m. Food Bank - Tuesday, 4:00 p.m. - 6:30 p.m.

**Program Fees:** Free

#### The Breadbasket

Phone: (919) 774-3118

Located: 140 E Chisholm St Sanford, NC 27330

**Service Description:** Prepared hot lunch

Eliaibility: All

Hours: Office Hours: 7:00 a.m.-1:30 p.m.

Serving Hours: Monday-Friday 11:00 a.m.-12:30 p.m.

#### **Christian Faith Ministries**

Phone: (919) 775-1311 Church Office Located: 3110 Cameron Dr Sanford, NC 27330

**Service Description:** Emergency assistance providing food at no cost.

Website: http://www.christianfaithministries.net/

#### **CUOC – Christians United Outreach Center**

**Phone:** (919) 774-8485

**Located:** 2885 Lee Ave Sanford, NC 27332

Service Description: Food Pantry, Thrift Shop, Financial Assistance, Loan of Medical Equipment,

Pastoral Care

Hours: Food Pantry: Monday, 4:00 p.m. - 6:00 p.m., Wednesday, Friday, 12:00 p.m. - 2:00 p.m.,

Thrift Store: Monday, 2:00 p.m. - 6:00 p.m., Tuesday - Saturday, 9:00 a.m. - 1:00 p.m.

Language: English/Spanish Website: www.cuoc.org

#### The Enrichment Center of Lee County-Congregate and Home Delivered Meals

Phone: (919) 776-0501

**Located:** 1615 S Third St Sanford, NC 27330

**Service Description:** Congregate Nutrition-A nutritious lunchtime meal is provided Monday-Friday at noon to Lee County residents age 60 and older by Lee County Senior Services. Health education, social, recreation, and access to other services are also available. Home Delivered Meals-A hot nutritious lunch is delivered by volunteers 5 days a week to Lee County residents who are 60 and older and homebound. **Intake Process:** Registration form for Congregate Meals, and home visit is required for Home Delivered Meals.

Eligibility: Lee County residents, age 60 or older

**Hours:** Monday-Thursday 8:00 a.m. - 8:00 p.m., Friday 8:00 a.m. -5:00 p.m. **Program Fees:** Non-applicable however contributions are accepted. **Website:** http://www.leecountync.gov/Departments/SeniorServices.aspx

#### **Ensure Program, The Enrichment Center of Lee County**

**Phone:** (919) 776-0501

**Located:** 1615 S Third St Sanford, NC 27330

**Service Description:** The Ensure program is an indigent program established with Ross Laboratories. The program assists clients that are in need of a nutritional supplement to sustain life by allowing the product to be sold at a lower rate than in retail stores.

Eligibility: Must have a prescription from physician to document medical need. Income eligible. 60 years

or older.

Intake Process: Phone or in-person

**Program Fees:** Varies depending on product. **Hours:** Monday - Friday 8:00 a.m. - 5:00 p.m.

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

#### Meals on Wheels of Sanford

Phone: 919-708-4181

Website: www.mowsanford.org Mailing Address: P.O. Box 2991 Sanford, NC

27331

**Fees:** \$2.70 per meal; subsidies available **Hours:** Answering service is 7 days a week.

**Eligibility:** Reside within Sanford city limits; homebound and unable to cook for self.

**Service Description:** Our organization is designed to serve residents within the city limits of Sanford who live alone or who are unable to go to the grocery store or are unable to cook for themselves. People who are recovering from surgery, handicapped or other physical limitations would also qualify. We work closely with Lee County Social Services, the hospital and others who recommend clients to us. The meals are prepared at Central Carolina Hospital honoring special diet requests.

Recipients are asked to pay what the hospital charges Meals on Wheels. If they are unable to pay this amount, the difference is subsidized with funds from volunteer donations.

#### **New Life Praise**

**Phone:** (919) 776-1877

**Located:** 2398 Wicker St Sanford, NC 27330

Service Description: New Life Praise Church offers breakfast and groceries to those in need every 3<sup>rd</sup>

Saturday of the month at 8:00am.

**Hours:** Ever 3<sup>rd</sup> Saturday of the month at 8:00am

#### The Salvation Army - Lee County

Phone: (919) 718-1717

**Located:** 507 N Steele St Sanford, NC 27330

**Service Description:** The Salvation Army, an international movement, is an evangelical part of the universal Christian church. Its message is based on the Bible. It is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. Offering Emergency Food, Clothing and Financial Assistance, Jobs for Life, Emergency Disaster Service, Christmas "Joy Program", Family Store, and Nursing Home visitation. GED Classes available. Career Readiness Program.

Eligibility: income based and need based Lee county residents

Intake Process: come in person to fill out application

Hours: Monday-Thursday, 9:00 a.m. - Noon, 1:00 p.m. - 4:00 p.m

Website: http://www.leearmy.org/

### **Health Care**

# Assistive Technology

#### The Enrichment Center of Lee County

Phone: (919) 776-0501

**Located:** 1615 S Third St Sanford, NC 27330

**Service Description:** Advanced Directives: Health Care Power of Attorney & Living Will. Congregate and home delivered meals. County Veterans Service Office. Ensure Program.

Family Caregiver Program. Fitness and fitness room. Helping Fund.

Housing Home Repair. Information and Assistance. Some Evidence Based Health and Wellness Classes.

Programs- Call for details. Respite Referral. Senior Games and Silver Arts of Lee County.

Seniors Health Information Programs. Senior Trips. Support Groups. Volunteer Opportunities. Senior Services contract with County of Lee Transit System to assist with trips for medical and general transportation.

Intake Process: Must fill out information forms for Home Repair, Ensure, Meals, and Transportation.

**Eligibility:** Must apply to see if you qualify for Ensure. **Hours:** Mon-Thurs. 8am-8pm Friday-8am-5pm

**Program Fees:** Fitness fees and fees for trips. Majority of programs have no charge.

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

#### **Quality Home Health Care**

**Phone:** Main (919) 775-2001 / Toll Free (800) 948-0667 **Located:** 106 Park Ave Sanford, NC 27330

**Service Description:** Provider of medical equipment and supplies and patient education for equipment and supplies, including pedorthic services by ABC-certified pedorthist and mastectomy products by ABC-certified mastectomy fitter.

**Hours:** Monday-Friday, 9:00 a.m.-6:00 p.m. Saturday, 9:00 a.m.-1:00 p.m. **Program Fees:** Accepts Medicare, Medicaid, private insurance, and private pay.

Website: http://www.gltyhms.com/

#### **Sanford Lions Club**

Phone: (919) 935-4077

Located: 505 N Seventh St Sanford, NC 27330

**Service Description:** Provide financial assistance to sight and hearing impaired; prior approval required. **Eligibility:** Prior approval required by Lee County Social Service Department. Contact Sanford Lions

Club

Website: http://www.sanfordlionsclub.com/

#### **Clinics**

# <u>Anderson Creek Dental Clinic – First Choice Community Health Centers</u>

Phone: (910) 364-0970 ext-1400

**Located:** 6720 Overhills Rd Spring Lake, NC 28390

Service Description: Full range of dental services such as cleanings, filings, dentures, partials, and

crowns.

Website: http://www.firstchoicechc.org/home.aspx

#### Anderson Creek Medical Center - First Choice Community Health Centers

Phone: (910) 364-0970 ext-1501

**Located:** 6750 Overhills Rd Spring Lake, NC 28390

Service Description: Full range of health services including physical examinations, sport examinations,

OBGYN, screenings, adolescent, maternal, infant & child, and chronic disease management **Hours:** Monday 8:30 am – 5:00 pm, Tuesday 8:30 am – 5:00 pm, Wednesday 8:30 am – 5:00 pm,

Thursday 11:30 am - 8:00 pm, and Friday 8:30 am - 5:00 pm

Website: http://www.firstchoicechc.org/home.aspx

#### Back to Basics Medical – Dr. Robert Patterson

Phone: (919) 895-6339

Located: 821 Woodland Ave Sanford, NC 27330

**Service Description:** Back to Basics Medical Practice, PLLC is ideal for patients without health insurance, or those with high deductible or co-pay insurances, with Health Saving Accounts, out of network or with no private physician, and Medicare patients that have chosen an "opt-out" doctor.

Website: http://backtobasicsmedical.com/

Hours: 7:30am - 5:30pm Monday through Thursday / 7:30am - 12:00pm Friday

#### **Benhaven Medical Center – First Choice Community Health Centers**

Phone: (910) 364-0970 ext-1101

Located: 985 NC 87 South Cameron, NC 28326

Service Description: Full range of health services including physical examinations, sport examinations,

OBGYN, screenings, adolescent, maternal, infant & child, and chronic disease management **Hours:** Monday 8:30 am – 5:00 pm, Tuesday 8:30 am – 5:00 pm, Wednesday 8:30 am – 5:00 pm,

Thursday 11:30 am - 8:00 pm, and Friday 8:30 am - 5:00 pm

Website: http://www.firstchoicechc.org/home.aspx

#### **Central Carolina Community College Dental Center**

Phone: Clinic (919) 776-3133 / Public Health (919) 718-4640

**Located:** 900 S Vance St Sanford, NC 27330

**Service Description:** Cleaning and comprehensive exams, preventative care (sealants and fluoride application), fillings and extractions, dental health education, referrals for specialty care (braces, root

canals, etc.)

**Intake Process:** Call for an appointment

Program Fees: Varies according to income and services provided

Website: www.leecountync.gov

#### **Central Carolina Hospital**

**Phone:** (919) 774-2100 Main Hospital / 1-800-483-6385 Physician Referral

**Located:** 1135 Carthage St Sanford, NC 27330

Service Description: Acute care hospital providing emergency medicine, diagnostic imaging, physical

rehabilitation, maternity / OB services, respiratory and cardiopulmonary services

Hours: 24/7

Program Fees: Accepts Medicaid, Medicare, private insurance, and self-pay. Uninsured patients need to

call (919) 774-2100 to speak with a case manager **Website:** http://www.centralcarolinahosp.com/

#### **Helping Hand Clinic**

Phone: (919) 776-4359

Located: 507 N Steele St Sanford, NC 27330

Service Description: Offers medical care and prescription medications to uninsured and low income

people who are chronically ill.

Hours: Monday, Wednesday and Thursday 10:00am-2:00pm

**Eligibility:** Low income and uninsured. Lee County **Program Fees:** no charge, donations accepted

#### **Lee County Public Health – Clinical Services**

**Phone:** 919-718-4640 **Fax**: 919-718-4632 **Located:** 106 Hillcrest Drive Sanford, NC 27330

Friday 8:00am-11:30am

Service Description: Pregnancy tests, prenatal care, WIC Certification (Food Vouchers), Screening and

Treatment for STDs. Pap Smears and Family Planning, Immunizations, TB follow-up, Wise

Women/BCCCP, Communicable Disease Control Program, Medical and vital records, Child Health, Child Service Coordination, Pregnancy Care Management, Primary Care, Chronic Diseases, Health Education

Classes (Birth Control Options and STDs/Adolescent Issues.

#### <u>Lillington Health Center – First Choice Community Health Centers</u>

**Phone:** (910) 364-0970 ext-1625 or 1612

**Located:** 40 Autumn Fern Trail Lillington, NC 27546

Service Description: Full range of health services including physical examinations, sport examinations,

OBGYN, screenings, adolescent, maternal, infant & child, and chronic disease management

**Hours:** Monday 8:30 am - 5:00 pm, Tuesday 8:30 am - 5:00 pm, Wednesday 8:30 am - 5:00 pm,

Thursday 11:30 am – 8:00 pm, and Friday 8:30 am – 5:00 pm

Website: http://www.firstchoicechc.org/home.aspx

#### Moncure Community Health Center

Phone: (919) 542-4991 Pharmacy: 919-542-2850 Dental Number: 919-542-1641 After Hours: 888-

267-3675 **ACA Ins:** 919-710-1554

**Located:** 7228 Moncure Pittsboro Rd Moncure, NC 27559

#### **Reach Out Crisis Pregnancy Center**

**24/7 Helpline:** 1-800-712-HELP **Phone:** 919-777-0236

Located: 507 N. Steele Street Sanford, NC 27330 Arts & Community Center, Room 306

Hours: Monday-Thursday 10:00am-3:00pm

**Service Description:** At Reach Out Crisis Pregnancy Center, we're not here to judge or tell you what accurate information. Our staff will go over all of your options with you if your pregnancy test result is positive. We understand that sometimes you need a place to process everything, to think through all your options, to feel safe and to share what's on your mind. Maybe you just need to know you don't have to face this alone. We do not perform, nor do we refer for abortion. We are not involved in anyone's adoption plan, we have no financial interest in your decision. If you have questions about pregnancy, abortion procedures, adoption, parenting, and sexually transmitted infections, please don't hesitate to visit Reach Out Crisis Pregnancy Center. We are here to listen to your needs. All of our services are confidential and free of charge. Our services are available regardless of income, race or religion.

Website: www.reachoutcpc.com

#### **UNC School of Dentistry**

Phone: (919) 537-3737 for General Inquiries

Located: UNC Chapel Hill: Tarrson Hall - Corner or Manning Dr and Columbia St

Chapel Hill, NC 27599

**Service Description:** The School of Dentistry is honored to provide high quality comprehensive, primary and specialized oral health care to adults and children throughout the state. Call to schedule an appointment.

Website: http://www.dentistry.unc.edu

#### Home Health

# **Community Home Care and Hospice**

Phone: Sanford Office (919) 718-5417 / Corporate Office (252) 972-2200 / Central Intake (800) 569-1348

Located: 1836 Doctor's Drive Sanford, NC 27330

**Service Description:** Hospice care for terminally ill patients.

Website: http://www.communityhch.com/

#### **Enrichment Center of Lee County**

**Phone:** 919-776-0501 **Fax:** 919-774-7593 **Located:** 1615 S. Third Street Sanford, NC 27330

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

**Service Description:** The enrichment center has services that include living wills, indigent programs, resource library, notary public, senior games, community outreach, grandparent support, aging provider network, support groups, public access PC & Internet, nutritionally balanced meals, home delivered meals, respite referral, transportation, volunteer opportunities, medical information assistance, insurance counseling, tax assistance and resources for caregivers.

## First Choice Home Care, Inc

Phone: (919) 775-3306

Located: 506 Carthage St Sanford, NC 27330

**Service Description:** First Choice Home Health Care is a home care agency licensed in North Carolina and is an active member of the Association for Home and Hospice Care. Our hourly homecare services range from personal care services to private duty nursing for pedriactric and adult patients. We also offer Ventilator care, Tracheostomy care, Medication administration, and Venipuncture, all under the direction of a physician.

Website: http://www.firstchoicehomecare.com/

#### **Liberty Home Care and Hospice**

Phone: (919) 774-9522

**Located:** 1006 Carthage St Sanford, NC 27330

Service Description: Provide home compassionate care and support for those facing life-limiting

illnesses.

Hours: Mon-Fri 8-5

Website: http://www.libertyhomecare.com/

#### Parkview In-Home Aide Service

**Phone:** (919) 775-1475

Located: 620 Westover Dr Sanford, NC 27330

**Service Description:** Parkview Retirement Village have transportation services, on-call nurses, physical therapy and full service assisted living are only a part of the Parkview experience. Parkview offers independent living apartments, a secure wing and a convalescent guest wing of studio suites making Parkview Retirement Village the finest, most modern retirement home in the area. We offer spacious 1, 2 and 3 bedroom apartments with an emergency call system in each apartment. A nurse is also on call 24 hours a day for these residents.

Eligibility: Please call.
Intake Process: Please call.

**Hours:** Monday - Friday, 8:00 a.m. - 5:00 p.m. **Website:** <a href="http://www.parkviewretirement.com/">http://www.parkviewretirement.com/</a>

# **Quality Home Health Care**

**Phone:** Main (919) 775-2001 / Toll Free (800) 948-0667 **Located:** 106 Park Ave Sanford, NC 27330

**Service Description:** Provider of medical equipment and supplies and patient education for equipment and supplies, including pedorthic services by ABC-certified pedorthist and mastectomy products by ABC-

certified mastectomy fitter.

Hours: Monday-Friday, 9:00 a.m.-6:00 p.m. Saturday, 9:00 a.m.-1:00 p.m.

# **Prescription Assistance**

# **Helping Hand Clinic**

**Phone:** (919) 776-4359

Located: 507 N Steele St Sanford, NC 27330

Service Description: Offers medical care and prescription medications to uninsured and low income

people who are chronically ill.

Hours: Monday, Wednesday and Thursday 10:00am-2:00pm

**Eligibility:** Low income and uninsured. Lee County **Intake Process:** Call to schedule an appointment **Program Fees:** no charge, donations accepted

## Residential Facilities

## **Bayberry Retirement Inn**

Phone: Main (919) 774-7170 / Toll Free (800) 552-8785

Email: bayberryfa@windstream.net

Located: 2002 Woodland Ave Sanford, NC 27330

**Service Description:** Retirement living facility for seniors who can no longer live alone. Also offers respite stays, and vacation stays for when family is away. Services include dining, transportation, and security.

Hours: 24 hours per day, 7 days per week, 365 days per year.

Intake Process: Completed reservation card, medical form, in-person visit.

Website: http://www.thebayberryinn.com/

#### **Community Home Care and Hospice**

Phone: Sanford Office (919) 718-5417 / Corporate Office (252) 972-2200 / Central Intake (800) 569-1348

Located: 1836 Doctor's Drive Sanford, NC 27330

Service Description: Hospice care for terminally ill patients.

Website: http://www.communityhch.com/

#### Keller's Oakhaven Retirement Buildings I and II

**Phone:** (919) 774-8612

**Located:** 700 Westover Dr Sanford, NC 27330

**Service Description:** Assisted living facility; services include assistance with activities of daily living, medication administration, therapy, appointment transportation, activity programs, and food service.

Also have independent apartments

Hours: 24 hours per day, 7 days per week.

#### Leak's Family Care

**Phone:** Main House (919) 774-8149 / Stone Street (919) 777-9146

Located: 316 W Globe St Sanford, NC 27330

**Service Description:** Assisted living facility for those with disabilities.

Eligibility: Disabled.

Intake Process: Accepts referrals through Social Services, area hospitals, and mental institutions.

Horus: 24 hours per day.

Program Fees: Covered by Medicaid and Social Security.

#### Lee County Nursing and Rehab Center

Phone: (919) 775-5404

**Located:** 714 Westover Dr Sanford, NC 27330

Service Description: Offers skilled nursing care, physical, speech, and occupational therapy, hospice,

and wound care.

Hours: Open 24 hours per day, 7 days per week. Administration open Monday-Friday, 8:30 a.m.-5:00

p.m.

Eligibility: Open to all.

Intake Process: Clients may be referred by hospital or call 775-5404

Program Fees: Accepts Medicaid and Medicare

Website: http://liberty-ltc.com/

# **Liberty Commons Nursing & Rehab Center of Lee County**

Phone: (919) 499-2206

Located: 310 Commerce Dr Sanford, NC 27330

Service Description: Skilled nursing care, including IV therapy, rehab services, and physical,

occupational, and speech therapy.

Hours: 24 hours per day, 7 days per week.

Eligibility: Individualized.

Intake Process: Doctor or hospital referral.

Program Fees: Medicare, Medicaid, private pay.

Website: http://www.libertyhealthcare.com/

#### **Liberty Home Care and Hospice**

Phone: (919) 774-9522

**Located:** 1006 Carthage St Sanford, NC 27330

Service Description: Provide home compassionate care and support for those facing life-limiting

illnesses.

Hours: Mon-Fri 8-5

Website: http://www.libertyhomecare.com/

#### **Parkview Retirement Center**

**Phone:** (919) 774-4322

Located: 1801 Wicker St Sanford, NC 27330

Service Description: Assisted living facility. Our services include assistance with activities of daily living,

medication administration, physical and occupational therapy, transportation, and food service.

**Hours:** 24 hours per day, 7 days per week. **Program Fees:** Private pay and insurance **Website:** http://info@parkviewretirement.com/

#### Sanford Health and Rehabilitation

**Phone:** Main (919) 776-9602 / Admissions (919) 770-9988 **Located:** 2702 Farrell Rd Sanford, NC 27330

Service Description: In-patient facility offering long-term care, short-term rehabilitation, and an

Alzheimer's secured unit.

Hours: Facility runs 24 hours per day, 7 days per week.

Eligibility: Case by case criteria.

Program Fees: Accepts Medicare, Medicaid, other insurance and private pay.

Website: http://sanstonehealth.com/sanford

# Support Groups

# **Enrichment Center of Lee County**

**Phone:** 919-776-0501 **Fax:** 919-774-7593 **Located:** 1615 S. Third Street Sanford, NC 27330

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

**Service Description:** The enrichment center has services that include living wills, indigent programs, resource library, notary public, senior games, community outreach, grandparent support, aging provider network, support groups, public access PC & Internet, nutritionally balanced meals, home delivered meals, respite referral, transportation, volunteer opportunities, medical information assistance, insurance counseling, tax assistance and resources for caregivers.

# **Hispanic Population**

## El Refugio / The Refuge

Phone: 919-721-0587

Located: at Jonesboro United Methodist Church – 407 W. Main St Sanford, NC 27330

Website: https://www.facebook.com/elrefugioleeco/

**Service Description:** Our mission at El Refugio is to bring the many cultures of Lee County together through fellowship and learning from one another. We are offer multiple levels of classes for those wishing to learn English as a second language, and supplemental, classes for those wishing to learn Spanish as a second language. Additionally, we wish to serve the community as a stepping stone for transitioning immigrant families in the area. We are currently working to compile an up to date directory of helping agencies in Lee County and the surrounding areas in order to assist newly settled residents with an array of different needs such as child care, housing, financial advising, food bank information, advocacy, education, employment, emergency/disaster assistance and more.

# **Housing**

#### **Applegate Village Apartments**

Phone: (919) 774-1009

**Located:** 2518 Indian Wells Court Sanford, NC 27330

Service Description: Income Based Apartments as well as family size, no Section 8,

\$25 Non-refundable Application Fee, and you must pass Credit & Criminal Background check. Two

bedroom units only. Must have a Photo ID, Social Security Card and Birth Certificate to rent.

Intake Process: Call for process and application

## **Apple Tree Apartments**

Phone: (919) 774-0693

**Located:** 2619 Brick Capital Court Sanford, NC 27330

**Service Description:** Income Based Apartments, 2BR & 3BR unit apartments, \$25 non-refundable application Fee, MUST pass criminal and credit background check, utilities are not included, and handicap accessibility. Must have a Photo ID, Social Security Card and Birth Certificate to

**Hours:** Monday, Wednesday, Friday, 9:00 a.m.- 4:30 p.m. **Intake Process:** Fill out application and pay application fee.

#### Ashebrook Apartments

**Phone:** (919) 774-0693

Located: 1000 E. Pope St Dunn, NC 28334

Service Description: Section 8 accepted, market ready, no application fee, no handicap apartments, and

no pets. Must have a Photo ID, Social Security Card and Birth Certificate to rent.

## **Aspen Pointe Apartments**

Phone: (919) 774-6125

**Located:** 5220 Arrow Wood Circle Sanford, NC 27332

Service Description: \$30 application fee, trash removal included, one and two bedroom apartment units,

and pets are allowed. Must have a Photo ID, Social Security Card and Birth Certificate to rent.

## **Autumn Oaks Apartments**

Phone: (919) 718-1552

Located: 250 Willow Oak Dr Sanford, NC 27330

Service Description: Apartment rentals

# **Brookhollow Apartments**

Phone: (919) 775-3323

**Located:** 1345 Brookhollow Dr. Sanford NC 27330

**Service Description:** Income based apartments, section 8 accepted, \$25 non-refundable application fee, 1BR, 2BR & 3BR apartments, and handicap accessibility. Must have a Photo ID, Social Security Card

and Birth Certificate to rent.

#### **Christian Faith Ministries**

Phone: (919) 775-1311 Church Office

Located: 3110 Cameron Dr Sanford, NC 27330

Service Description: Emergency assistance providing food and shelter for men and women at no cost

Intake Process: call the church office to set up an appointment

Website: http://www.christianfaithministries.net/

# **Courtland Village Apartments**

Phone: (919) 774-1171

Located: 1025 Courtland Village Dr Sanford, NC 27330

**Service Description:** Apartment complex for the elderly and disabled. Income Based Apartments-30% of income, utility allowance, \$30 Non-refundable application fee, must pass criminal and background check, handicap/disability apartments, 1BR or 2BR apartment units, and pets are allowed. Must have a Photo ID,

Social Security Card and Birth Certificate to rent. **Eligibility:** Must be at least 62 years old or disabled. **Intake Process:** Pick up application at office or call

Website: http://www.dthmanagement.com/

# Firetower Crossing Apartments

Phone: (919) 777-0661

Located: 119 Lightwood Lane Sanford, NC 27330

Service Description: Affordable apartment community. Income guidelines apply.

Eligibility: Income guidelines apply. Please call or stop by

Intake Process: Applications are turned in to the leasing office on site.

Program Fees: Rent based on income.

#### **Forest Ridge Apartments**

Phone: (919) 774-6423

Located: 538 Rorest Ridge Dr. Sanford NC 27330

**Service Description:** Income based apartments; rent varies based on household size, **no** section 8, no application fee, but you must pass criminal and credit background check, only 2BR & 3BR apartments, handicap accessibility, no smoking, and no pets. Must have a Photo ID, Social Security Card and Birth

Certificate to rent.

Eligibility: Income guidelines apply. Please call or stop by

Intake Process: Applications are turned in to the leasing office on site.

Program Fees: Rent based on income.

# **Greenfield Village Apartments**

Contact: (910) 891-4928

Located: 100 Greenfield Rd Dunn, NC 28334

# **Habitat for Humanity - Lee County**

Phone: (919) 774-7779

Located: 964 N Horner Blvd Sanford, NC 27330

Service Description: Habitat for Humanity of Lee County partners with low income families so they may

be able to own a home.

Intake Process: Applications are reviewed for qualification. Family selection committee will choose

family.

## **High Ridge Village Apartments**

Phone: (919) 774-6511

**Located:** 200 High Ridge Dr Sanford, NC 27330

**Service Description:** 1/2/3 bedroom apartments available along with townhomes available for rent. \$25 application fee, and pets are allowed to a 2 pet limit. Must have a Photo ID, Social Security Card and

Birth Certificate to rent.

#### **Juniper Point Apartments**

Phone: (919) 774-1117

**Located:** 1112 Juniper Dr Sanford, NC 27330

Service Description: 2/3 bedroom apartments. Tax credit HUD housing.

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Eligibility: Low income. HUD housing

#### **Mallard Cove Apartments**

Phone: (919) 708-6777

**Located:** 2519 Buffalo Church Rd Sanford, NC 27330

**Service Description:** \$25 application fee, and pets are allowed along with a deposit and 2 pet limit.

Must have a Photo ID, Social Security Card and Birth Certificate to rent.

## **Paige Mill Court Apartments**

**Phone:** (919) 774-6511

Located: 632 Harkey Rd Sanford, NC 27330

**Service Description:** Located in in quiet residential neighborhood, Paige Mill Court offers a new standard in duplex living. \$400 deposit, call to fill out application. Must have a Photo ID, Social Security

Card and Birth Certificate to rent.

#### **Sandhill Manor Apartments**

**Phone:** (919) 777-0694

**Located:** 801 Harkey Rd Sanford, NC 27330

**Service Description:** Affordable apartment community for those age 55 and over. One to two bedroom apartment units available. \$30 nonrefundable application fee. Must have a Photo ID, Social Security Card

and Birth Certificate to rent.

**Eligibility:** Must be age 55 or over. Income guidelines also apply, please call or stop by.

Website: http://sandhill@upmapartments.com/

# **Sandhills Apartments**

**Phone:** (910) 892-4397

Located: 604 Tilghman Dr. Dunn NC 28334

**Service Description:** \$25 non-refundable application fee, income based apartments, section 8 and Sanford Housing Authority accepted, handicap accessibility, pets are allowed: a \$150 pet deposit (**no** more than 30lbs), 1BR & 2BR unit apartments, \$150 deposit non-refundable deposit. Must have a Photo ID, Social Security Card and Birth Certificate to rent.

# **Sanford Estates**

Phone: (919) 842-3633

**Located:** 502 Ryan Ave Sanford, NC 27330

**Service Description:** \$15 Non-refundable application fee, section 8 accepted, not in-come based, and must pass credit and criminal background. Must have a Photo ID, Social Security Card and Birth

Certificate to rent. One and two bedroom unit apartments available. **Intake Process:** Applications are turned in to the leasing office on site.

#### **Sanford Housing Authority**

Phone: (919) 776-7655

**Located:** 1000 Carthage St Sanford, NC 27330

**Service Description:** Provide low to moderate income housing for elderly, near elderly, disabled, handicapped, blind, single person and families. Rent is based on 30% of participated income.

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

**Eligibility:** All applicants must be 18 years or older, background check for rental history and criminal history check, verify household income, all applicants must have birth certificate and social security cards, valid Driver's license or ID card.

Intake Process: Applications are taken at main office.

Website: http://www.sha-nc.org/

## **Sanford Makepeace Apartments**

Phone: (919) 775-1255

Located: 102 Carthage St Sanford, NC 27330

Service Description: Affordable, bedroom housing for the elderly, disabled, and handicapped. Rent

based on income. Equal housing opportunity. **Hours:** Monday-Thursday 9:30 a.m.-1:30 p.m.

Eligibility: This property is designated for persons 62 and older or those with disabilities

Intake Process: Fill out application.

Program Fees: Rent based on income. \$150 deposit plus first month's rent.

## **Sanford Garden Apartments**

Phone: (919) 774-6046

**Located:** Khalif Court Sanford, NC 27330

Service Description: 62 or older or have mobility impairment.

Hours: Monday-Friday 9a.m.-1p.m.and 2p.m.-5p.m.

Intake Process: Must fill out application.

Eligibility: Must be 62 or older or have mobility impairment. Must be within certain income bracket.

Website: http://www.adcockrentalsnc.com/

# **South Park Village Apartments**

Phone: (919) 897-2563

**Located:** 1300 South Park Way Sanford, NC 27330

**Service Description:** \$50 application fee and \$150 admin fee. Pets are allowed with a pet deposit for each pet. Garages available on site for extra each month. One, two, and three bedroom apartment units available. Call to fill out an application or a tour. Must have a Photo ID, Social Security Card and Birth

Certificate to rent

## **Summerfield Apartments**

Phone: (919) 774-1117

Located: 2518 Indian Wells Ct. Sanford NC 27332

**Service Description:** \$25 non-refundable application fee, not income based; Income restrictions apply. Handicap accessibility available and you must pass criminal and credit background check. No pets

allowed. Must have a Photo ID, Social Security Card and Birth Certificate to rent.

# The Oaks Apartments

**Phone:** (919) 776-2604

Located: 160 Peaceful Lane Sanford, NC 27330

Service Description: \$30 application fee, pets are allowed, 1/2/3 bedroom apartments available, cable is

included. Must have a Photo ID, Social Security Card and Birth Certificate to rent.

#### **Woodland Heights of Sanford Apartments**

**Phone:** (919) 708-7407

**Located:** 700 Woodland Heights Dr Sanford, NC 27330

**Service Description:** \$30 application fee, cable is included, pets are allowed including a pet deposit, and one and two bedroom apartment units. Must have a Photo ID, Social Security Card and Birth Certificate

to rent.

#### **Wilrik Hotel Apartments**

**Phone:** (919) 777-2773

**Located:** 152 South Steel Street Sanford, NC 27330 **Service Description:** Housing Authority and Public Housing

# Rental Agencies and Relators

# Adcock Rental Management

**Phone:** 919-774-6046

Located: 111 S Horner Blvd Sanford, NC 27330

Website: http://www.adcockrentalsnc.com/

#### **ERA Strother Real Estate**

Phone: (919) 777-0820

Located: 2505 Dalrymple St Sanford, NC 27332

**Exodus Realty** 

**Phone:** (919) 774-4922

Located: 115 Hillcrest Dr, Apt 11 Sanford, NC 27330

Fox Run Realty

Phone: (919) 770-4523 or (919) 770-4519

Located: 3215 Hawkins Ave Sanford, NC 27330

**Groce Companies** 

Contact: (919) 775-1497

Located: 1504 S Horner Blvd, Sanford, NC 27330

**Hours:** Monday-Friday 8:00am-5:00pm **Website:** http://www.grocecompanies.com/

**LAMCO Property Management, LLC** 

Contact: (919) 339-1526

Located: 132 N Steele St Sanford, NC 27330

**Hours:** Monday-Friday 9:00am-5:00pm **Website:** http://www.lamcoproperties.com/

**Needham's Housing and Management** 

**Phone:** (910)-514-0259

Located: 504 E. Pope St Dunn, NC 28334

**Siler Realty** 

**Phone:** (919) 774-1753

Located: 302 E. Trade St Sanford, NC 27332

Simpson & Simpson, INC.

**Phone:** (919) 774-6511 / Top Hat Rentals: (910) 273-4110 **Located:** 503 Carthage St Sanford, NC 27330

Smith Group Realty, LLC.

Phone: (919) 718-9027

**Located:** 131 Charlotte Ave #101 Sanford, NC 27330

Van Harris Realty

Phone: (919) 775-3513

Located: 209 N Horner Blvd Sanford, NC 27330

**Womble Rental Management** 

# Housing Assistance

# **Baptist Children's Homes' Oak Ranch- Family Care**

Phone: (919) 258-5437

Located: 1091 Oaktrail Lane Sanford, NC 27330

Service Description: Family care for singles mothers and their children, who are going through difficult

times which may include homelessness, domestic violence, a financial situation, etc.

Eligibility: Mothers must have custody of their children. Must be 90 days drug-free to enter into Family

Care.

Intake Process: Call or email request.

Hours: 8:30 a.m.-5:00 p.m. Monday-Friday (administrative)

Website: http://www.bchfamily.org/

# **Brick Capital Community Development Corporation – Supportive Housing**

**Phone:** 919-775-2300 **Fax:** 919-774-6808 **Located:** 900 S. Vance Street Sanford, NC 27330

Hours: Monday-Thursday 9:00am-5:00pm / Friday 9:00am-12:00pm

Intake: Call to receive voucher

Eligibility: Must be disabled or victims of domestic violence referred by HAVEN of Lee County, Inc.

Website: www.bc-cdc.org

Service Description: Brick Capital Community Development has 12 units of supportive housing for

persons with disabilities and victims of domestic violence.

# **Lee County Department of Social Services**

Phone: (919) 718-4690

**Located:** 530 Carthage St Sanford, NC 27330

Service Description: Meeting human needs for Lee County.

Website: http://www.leecountync.gov/

Helpful Forms: http://www.leecountync.gov/Departments/SocialServices/DSSForms.aspx

# Johnston-Lee-Harnett Community Action, Inc.

Phone: 919-776-0746 Fax: 919-774-1867

Hours: Monday-Friday 8:00am-5:00pm Located: 225 Steele Street Sanford, NC 27330

Website: http://jlhcommunityaction.org/ Intake: Initial contact with counselors.

Case Management Counseling: Agency counselors refer clients for case management when the client, counselor, or both decide that additional help is needed and the family would benefit from more comprehensive, long-term counseling. The Counselors then evaluate the condition of the client's entire family condition. The information gleaned is then used to set goals, create budget, and provide other types of <a href="mailto:assistance">assistance</a> needed to develop an overall plan for self-sufficiency. Through information and referrals, the Agency helps the families reach their goals.

**Consumer Workshops:** Based on clients' needs, these workshops provide group training for family members. Topics include employment and <u>credit counseling</u>.

**Crisis**: The Agency provides emergency assistance when no other resource is available. Assistance comes from local churches, local area ministries, The United Way, and <u>emergency shelter</u> and food grants. The Agency also has access to local food closets throughout the area that are operated by area ministries and <u>volunteers working</u> closely with the agency. For example, the Presbytery of New Hope assists the agency in purchasing food for these closets and paying rental deposits.

Head Start: Head Start is a comprehensive <u>preschool education</u> program designed to strengthen the young child and his or her entire family. The program provides low-income families access to services that promote self-sufficiency. The program offers education and early childhood development, comprehensive health care programming, parent involvement programming, and family services. Eight Family Service staffers work one-on-one with Head Start Families to assist them in meeting their self-sufficiency goals. Mental Health and Nutrition are vital components in the Head Start experience. In addition, the program provides extensive services to children with special needs.

## **Sanford Housing Authority**

Phone: (919) 776-7655

Located: 1000 Carthage St Sanford, NC 27330

Service Description: Low income housing. Also, Section 8 Rental Assisted Living.

Hours: Monday- Friday 8a.m.-5p.m.

Intake Process: Monday-Friday 8a.m-4p.m. Will not accept applications the first 5 working days of the

month.

Eligibility: Based on income. Will also check into criminal and rental history.

Website: http://www.shanc.org/

# **Income Support**

# Food Stamps and WIC

# Lee County Department of Social Services (DSS) - Food Stamps

Phone: (919) 718-4690

**Located:** 530 Carthage St Sanford, NC 27330

**Service Description:** Supplements low-income families/individuals to buy adequate food for proper diets. Households must pass an income and resource test. Allotments are computed based on income, certain household expenses, living arrangements, and household size. Eligible households receive an EBT care (debit card) that they use to purchase food. The EBT cared works similar to a credit card. Applications for the Food & Nutrition Program are taken at local county Departments of Social Services in the county in which the household resides. Some counties have Food Stamp outreach offices as well. Persons who live in households consisting only of SSI (Supplestration Office. Please click on the link below to go to the North Carolina Division of Social Services web site to apply for food stamps.

Eligibility: DHHS website- http://info.dhhs.state.nc.us/olm/manuals/default.aspx or

http://www.dhhs.state.nc.us/dss/foodstamp/ Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Website: http://www.leecountync.gov/Departments/SocialServices/FoodNutrition.aspx

# **Lee County Public Health-Clinical Services**

Phone: (919) 718-4640

**Located:** 106 Hillcrest Dr Sanford, NC 27330

Service Description: Pregnancy tests, Prenatal care, WIC Certification (Food Vouchers), Screening and

Treatment for STDs, Pap Smears and Family Planning, Immunizations, TB follow-up, Wise

Women/BCCCP, Communicable Disease Control Program, Medical and vital records, Child Health, Child Service Coordination, Pregnancy Care Management, Primary Care, Chronic Diseases, Health Education Classes (Birth Control Options and STDs/Adolescent Issues.

Program Fees: Call for fees

Intake Process: Call for an appointment. Walk-ins are welcome.

Hours: Monday-Thursday 8:00 a.m.-5:00 p.m., Friday 8:00 a.m.-11:30 a.m.

Website: <a href="http://www.leecountync.gov/">http://www.leecountync.gov/</a>

# **Emergency Payment Assistance**

# **Adult Services – Lee County Department of Social Services**

**Phone:** (919) 718-4690

**Located:** 530 Carthage St Sanford, NC 27330

Service Description: State-County Special Assistance for Adults- A cash supplement to help low-income adults residing in adult care homes (such as rest homes) pay for their care. Adult care homes are unlike nursing homes in that medical care is not provided by home staff. Designated staff may administer medications and provide personal care services such as assistance with bathing, eating, and dressing. Crisis Intervention Program- This program is for low-income households in a heating or cooling-related life threatening emergency. This program has limited funding and normally runs during the fall and winter unless there is a presidential declaration due to heat related deaths during the summer. Low Income **Energy Assistance Program-** This program provides once a year payment to low-income households to help with the cost of heating. Applications are usually taken in late October or early November; checks are issued in February based on the type of heating source, the household's income, and the area of the state the applicant lives in. Energy Neighbor Energy and CEMC Project Share- This program is for households in a heating or cooling related emergency when service is provided by Energy Neighbor and Central Electric Membership Corporation. These programs have income limits and authorization is based on funding availability. Jim Garner Fuel Fund for the Elderly- A program run strictly on contributions from the community. These funds are used to provide heating or cooling for the elderly that are living on fixed incomes. The program is expanded, when contributions allow, to assist this same elderly group with prescriptions. Adult Services- Services including In-Home Aide Services, Home Management services, long term care, Adult Day Care (day care for adults) Nursing and Adult Care Home Placement, respite services, case management for adults at risk for abuse, neglect, or exploitation, adult protective services. Adult Care Home case management for those individuals in area facilities requiring enhanced care and supervising/monitoring adult care homes/family care homes under the licensure rules and regulations of the Division of Facility Services. Provide quardianship services for individuals found incompetent and there is no family or individual capable, suitable, or willing to serve.

Eligibility: For complete eligibility requirements please call or visit the DHHS website:

http://info.dhhs.state.nc.us/olm/manuals/

Intake Process: Applicants apply for services at the office. Reports of abuse/neglect/exploitation may be

reported by phone.

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Website: http://www.leecountync.gov/Departments/SocialServices.aspx

#### Financial Assistance, Christians United Outreach Center of Lee County

**Phone:** (919) 774-8485

Located: 2885 Lee Ave Sanford, NC 27332

Service Description: Emergency assistance pledged towards rent, electric, and gas.

Eligibility: Lee County resident that has never received financial aid in the past from us and statement of

need will be evaluated.

Intake Process: No appointment necessary. Appear during hours of operation with creditor information

and income information.

**Program Fees:** No fees, assistance based on income level and need.

Website: <a href="http://www.cuoclc.org/">http://www.cuoclc.org/</a>

# Helping Fund, The Enrichment Center of Lee County

Phone: (919) 776-0501

**Located:** 1615 South Third Street Sanford, NC 27330

**Service Description:** Helping Fund Policies: The Helping Fund is an emergency financial resource for indigent older adults. Funds are based community contributions and are very limited. Assistance will be considered for the following services: electrical bills, necessary prescriptions, water bills, fuel bills (lp, natural, propane, kerosene), wood for heating, partial rent in extreme situations (homeless), if needed for medical reasons only--basic telephone, food in emergency situations. Appropriate staff will grant approval for assistance after an assessment of need has been performed.

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Eligibility: Lee county residents who are 60 years of age, in an emergency financial situation

Intake Process: By appointment, telephone or walk-in; Complete client assessment form will respond

within 2 business days after completion or form

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

# There is Hope For You

Phone: (919) 638-8394

Contact: Elder Phyllis Bennett (Phyllis)

**Service Description:** Helping those in need with financial assistance, food, or clothing depending on the situation. Those that apply will need to call and set up an appointment, there will be an application to fill

out, assistance is only available to those once or twice a year depending on the situation.

**Eligibility:** Those in an emergency financial situation

Intake Process: Call for an appointment

# Consumer Counseling and Financial Planning

#### **Credit Reports - Free**

**Service Description:** The website listed below offers you one free credit report each year, from each of the three major credit bureaus. It is wise to check your credit report periodically to help prevent identity theft problems.

Program Fees: Free

Website: http://www.annualcreditreport.com

#### Financial Literacy, Brick Capital Community Development Corporation

Phone: (919) 775-2300

**Located:** 403 West Makepeace St Sanford, NC 27330

**Service Description:** Staff and volunteers teach financial literacy to high school students and adults. Financial literacy is also taught in the Home Buyer Education Course. Additionally, organizations, church groups, and individuals can take advantage of the financial literacy curriculum upon request.

Hours: Monday - Friday, 9:00 a.m. - 5:00 p.m.

Program Fees: The fee varies, depending on the course. Generally \$5 per session.

Website: http://www.brickcapitalcdc.com/

#### **Military OneSource**

Contact: General Hotline - (800) 342-9647 / En Espanol - (877) 888-0727

Service Description: Available 24/7 by phone, online, and face-to-face; provides mental health counseling, counseling on money matters, deployment support, smooth moves, child care resources and referrals, special needs, spouse employment concerns, and translation services; services provided by a master's level consultant trained to offer CONFIDENTIAL support and practical solutions; Military OneSource online features hundreds of free articles, CDs, booklets, and audio clips, plus financial calculators to help military personnel and their dependents with budgeting and investing; may sign up for newsletters, join discussion boards, attend Webinars, and find installation and community resources; serves Active Duty, Guard, Reserve and their families AT NO COST; WORLD-WIDE SERVICES - Overseas Hotlines require applicable access code before dialing toll free number; Belgium, Denmark, France, Germany, Hungary, Ireland, Italy, Luxembourg, Netherlands, Norway, Philipines, Portugal, Spain, Sweden, Switzerland, Taiwan, United Kingdom (use overseas code: 00); Japan-ITJ, Japan-IDC, Japan-NTT (use overseas code: 122-001-010); Japan-KDD (use overseas code: 010; Korea, DSN 550-ARMY (use overseas code: 2769); Korea, S-Darcom (use overseas code: 002); Korea, S-KT, Singapore, Thailand (use overseas code: 001)

**Intake Process:** Contact directly via hotline or online; overseas hotline requires applicable access code before dialing toll free number (codes available online)

Eligibility: Serves active duty National Guard, Reserve and their families

**Hours:** 24/7 365

Website: http://www.militaryonesource.com/

# Childcare Assistance

# Lee County Department of Social Services-Child Care Subsidy Program

Phone: (919) 718-4690

**Located:** 530 Carthage St Sanford, NC 27330

**Service Description:** This program provides authorization for child day care expenses for low-income families that are employed, attending school, protective service's cases, and Work First Families. There are different eligibility requirements based on the reason for the need for child day care. Parents can expect to have a parent fee each month for their portion of the day care expense.

**Intake Process:** Applicants apply for services at 530 Carthage Street.

Eligibility: DHHS website- http://info.dhhs.state.nc.us/olm/manuals/default.aspx

**Hours:** Monday-Friday 8:00 a.m.-5:00 p.m. **Website:** http://www.leecountync.gov/

# Medical Public Assistance

# **Lee County Department of Social Services-Medicaid**

Phone: (919) 718-4690

**Located:** 530 Carthage St Sanford, NC 27330

Service Description: Medical Assistance (Medicaid)- This program helps families or individuals (disabled/aged) with medical bills (doctor fees, prescription drugs, hospital charges, nursing home care, etc). All programs have an income limit and some coverage programs have resource limits. If eligible, Medicaid can also cover unpaid medical bills for the three months prior to your month of application. N.C. Health Choice- Health insurance coverage for the children who do not qualify for Medicaid and whose family income is under 200% of poverty. This program requires a yearly \$50 enrollment fee for a family with 1 child or \$100 for 2 or more when the family income is over 150% of poverty. There is a small copayment for some of the services provided by N.C. Health Choice. Community Alternative Program (CAP)- A Medicaid waiver program, which provides an alternative to nursing home placement for those eligible persons. FOR KIDS - For a child 18 and younger, eligibility is based solely on the income of the financially responsible adult the child lives with. There are different income levels based on the age of the child as shown below in the income limit chart. There is no resource evaluation in this program. (Resources include money in the bank, vehicles, cash on hand, etc.) If the child does not meet the income guidelines in this program, then an evaluation can be made in another program with lower income limits, resource limits, and a deductible. PREGNANT WOMEN - Yes. There is a Medicaid program titles Medicaid for Pregnant Women (MPW). This program is based solely on the income of the pregnant woman and the father of the unborn if in the home. There are no resource limits in this program and the income limit is shown below. These income limits, referred to as poverty level, are established by Congress each fiscal year. This coverage begins with approval of an application and continues for two months after the birth of the baby. When the baby is born and birth reported the baby gets Medicaid automatically for one year. NC HEALTH CHOICE - For the first six months of the program's existence, a child must have been uninsured for six months to be eligible. After the program has been in place for six months, children must have been uninsured for two months before they can be eligible. The purpose of the first six-month period is to make sure that the 71,000 (statewide) children with no health insurance get the first chance to get into the program. If the family income falls below the following, the family may be eligible for NC Health Choice or Medicaid.

Some allowances are made for child care costs and other work related expenses so those individuals who make slightly more than the limit should still consider coming to Social Services and discussing Medicaid and NC Health Choice.

**Intake Process:** Applicants apply for services at 530 Carthage Street.

Eligibility: DHHS website- http://info.dhhs.state.nc.us/olm/manuals/default.aspx

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Website: <a href="http://www.leecountync.gov/Departments/SocialServices/Medicaid.aspx">http://www.leecountync.gov/Departments/SocialServices/Medicaid.aspx</a>

# **Social Security Administration**

Phone: (877) 319-5774

Located: 401 Tiffany Dr Sanford, NC 27330

Hours: Monday, Tuesday, 9:00 a.m. -3:00 p.m. Wednesday, 9:00 a.m. - 12:00 p.m. Thursday, Friday,

9:00 a.m. -3:00 p.m.

# **Individual and Family Support**

**Coalition for Families** 

**Phone:** (919) 774-8144 x209 / (919) 774-8144 x210 **Located:** 507 N Steele St Sanford, NC 27330

**Service Description:** The Coalition for Families in Lee County is a non-profit organization whose efforts are centered to empower and encourage individuals and families to reach their potential by improving and enriching their quality of life. Coalition for Families offer programs in teen pregnancy prevention, family

support, and early childhood education.

Intake Process: Call Office

Hours: Monday-Friday 8:30 a.m.- 5:00 p.m.

## Lee County Department of Social Services-Child Services

**Phone:** (919) 718-4690

Located: 530 Carthage St Sanford, NC 27330

**Service Description:** Recruitment, training, and licensing of foster/adoptive parents, conduct independent adoptions, supervision of adoptive placement, home studies for relative adoptions. Supervision of dependent children in foster care with the focus on return to family or other permanency situations, i.e. adoption, guardian, custody. Investigations or assessment of families where abuse/neglect/dependency has been alleged. Treatment (case management) for families where abuse/neglect/dependency has been established.

Intake Process: Applicants apply for services at 530 Carthage Street. Reports of

abuse/neglect/dependency may be reported by phone

Eligibility: DHHS website- http://info.dhhs.state.nc.us/olm/manuals/default.aspx

**Hours:** Monday-Friday 8:00 a.m.-5:00 p.m. **Website:** http://www.leecountync.gov/

# Lee County Partnership for Children-Early Care and Education

Phone: (919) 774-9496

**Located:** 502 Carthage St Sanford, NC 27330

**Service Description:** The Early Care and Education department of the LCPFC coordinates three grant activities: Quality Enrichment, Quality Maintenance, and Professional Development. The Quality Enrichment grant activity addresses the need for improved quality through funding for the purchase of goods, materials, and/or classroom furnishings and providing on-site technical assistance to eligible facilities. The Quality Maintenance grant activity provides services and support to qualified four and five star child care facilities in Lee County. The Professional Development grant activity addresses the need to decrease or eliminate barriers to and promote higher education for Lee County early childhood providers.

**Intake Process:** Fill out application for appropriate program.

**Hours:** Monday-Friday 8:00 a.m.-5:00 p.m. **Website:** http://www.leecountypfc.org

# **Important Community Numbers**

# **Broadway Police Department**

(919) 258-9232

#### **Magistrates Office**

(919) 708-4450

# **Police Department**

(919) 775-8268 – Non Emergency Calls 911- ALL Emergency Calls

# **Sheriff's Office**

(919) 775-5531

# WIC (Women, Infants, and Children)

(919) 718-4642

# Legal

## **County of Lee**

Phone: (919) 718-4615

Located: 106 Hillcrest Drive Sanford, NC 27330

**Service Description:** Administration, Human Resources, Finance, Elections, Emergency Services, Fire Marshall, Soil & Water, Information Technology, Public Health Department, Senior Services, Sherriff's Department, Social Services, Tax Administration, Youth and Family Services, General Services, Parks and Recreation, Library, Strategic Services, and Register of Deeds.

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

**Volunteer Opportunities:** Please call Human Resource department at 919-718-4615 or go to www.leecounty.org to fill out volunteer application. Print the application and bring to 106 Hillcrest Drive.

Website: http://www.leecountync.gov/

# **Deep River Mediation**

**Phone:** (919) 542-4075

**Located:** 420 Russet Run Pittsboro, NC 27312

**Service Descriptions:** Deep River Mediation offers a variety of services in Lee and Chatham counties; However, primarily in Chatham County and limited in Lee County, many of them free of charge. Here are some examples...

**Victim-Offender Mediation:** assisting with discussions between a victim and offender, so the victim can understand what happened and why.

**Community Mediation:** helping individuals or groups involved in a dispute find solutions agreeable to them.

**Choices:** teaching conflict and anger resolution to youth and their parents.

**Teen Court:** moving cases for some offenses away from traditional court and into an alternative program where teens serve jury duties and perform community service while learning valuable life skills.

**Juvenile Community Service:** helping those found guilty in court make amends to the community and learn valuable lessons.

**Juvenile Restitution:** helping those found guilty in court restore their victims and learn valuable lessons. **Family and Divorce Mediation:** with fees charged on a sliding scale based on income.

**District Court Mediation:** provided for a fee set by the court.

**Anger Management:** 10 weeks of classes offered for a nominal fee (scholarships and fee wavers are available for those who qualify).

# **Enrichment Center of Lee County**

**Phone:** (919) 776-0501

**Located:** 1615 S Third St Sanford, NC 27330

**Service Description:** Advanced Directives: Health Care Power of Attorney & Living Will. Congregate and home delivered meals. County Veterans Service Office. Ensure Program.

Family Caregiver Program. Fitness and fitness room. Helping Fund.

Housing Home Repair, Information and Assistance, Some Evidence Based Health and Wellness Classes.

Programs- Call for details. Respite Referral. Senior Games and Silver Arts of Lee County.

Seniors Health Information Programs. Senior Trips. Support Groups. Volunteer Opportunities. Senior Services contract with County of Lee Transit System to assist with trips for medical and general transportation.

Intake Process: Must fill out information forms for Home Repair, Ensure, Meals, and Transportation.

**Eligibility:** Must apply to see if you qualify for Ensure. **Hours:** Mon-Thurs. 8am-8pm Friday-8am-5pm

**Program Fees:** Fitness fees and fees for trips. Majority of programs have no charge.

Website: <a href="http://www.leecountync.gov/Departments/SeniorServices.aspx">http://www.leecountync.gov/Departments/SeniorServices.aspx</a>

# Guardian ad Litem - Lee / Harnett / Johnston

**Phone:** (910) 814-4690

Located: 301 West Cornelius Harnett Blvd. Suite 1047 Lillington, NC 27546

**Service Description:** The program is mandated by North Carolina General Statutes-7B-601 which provides that whenever the Department of Social Services files a petition alleging that a child has been abused or neglected, a guardian ad litem volunteer and attorney advocate are assigned by the program to represent and advocate for the best interest of the child.

Intake Process: Court appointed

Eligibility: Department of Social Services must first file a petition with the court alleging a child between

the ages of birth and 18 has been abused or neglected.

Hours: Monday-Friday, 8:00 a.m.-5:00 p.m.

Website: <a href="http://www.ncgal.org/">http://www.ncgal.org/</a>

# **HAVEN** in Lee County

**Phone:** (919) 774- 8923

**Located:** 215 Bracken St Sanford, NC 27330

**Service Description:** Our mission is to help people heal from abuse as we work to end domestic violence and sexual assault through community education, intervention and primary prevention.

Hours: M-F 9:00am-5:00pm 24/7 Crisis Hotline

Website: www.havenlee.org

#### Legal Aid of North Carolina Pittsboro and Sanford

**Phone**: (919) 542-0475 / 1-866-219-5262 (toll-free; for clients only) **Located**: 959 East Street, Suite A & B Pittsboro, NC 27312

**Service Description:** Provides civil legal aid for individuals and, or families who qualify under Federal poverty guidelines. Legal assistance includes advice, counseling and representation. The service does not handle criminal, traffic, or certain other specified legal matters. Areas of service include public benefits such as food stamps, Medicare, Medicaid, Social Security, unemployment; consumer law credit; housing and landlord tenant law; expunctions; and domestic violence law. Volunteer opportunities. Everyone needs to qualify through the HelpLine first 866-219-5262.

**Eligibility:** Eligibility is determined by federal poverty guidelines for individuals and families.

Hours: Monday - Friday, 8:30 a.m. - 5:00 p.m.

Intake Process: Call or visit

Website: http://www.legalaidnc.org/Pages/about-us/offices/pittsboro.aspx

# NC Council for Women Domestic Violence Commission

Phone: Main (919) 733-2455 / Toll Free (877) 502-9898

Located: 116 West Jones St Suite G120 Raleigh, NC 27604

Service Description: North Carolina General Statute 50B-1 defines domestic violence as attempting to cause bodily injury or placing a victim or a member of the victimâ□™s family in fear of serious bodily injury or continued harassment resulting in significant emotional distress. The definition includes stalking, rape and sexual offenses. The N.C. Council for Women provides funding to domestic violence programs which provide shelter services, counseling, twenty-four hour crisis line services, transportation, court and advocacy services and assistance to children who witnessed violence. The website features a tool for finding Domestic Violence Agencies throughout North Carolina.

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m.

Website: http://ncadmin.nc.gov/advocacy/women/domestic-violence-program

#### **NC Lawyer Referral Service**

Phone: Main (919) 677-0561 / Toll Free (800) 662-7660 **Located:** 8000 Weston Parkway Cary, NC 27513

Service Description: Provides referral information for names and phone numbers of attorneys.

Website: <a href="http://ncfindalawyer.org">http://ncfindalawyer.org</a>

# **Mental Health**

## Advance Behavioral Center, INC. - Critical Access Behavioral Health Care Agency

Phone: (919) 777-0214

**Located:** 317 Chatham St Sanford, NC 27330

**Service Description:** Mental health agency that provides diagnostic assessments, individual outpatient therapy, psychiatric evaluations, medical management, intensive in home management, community support, and psychological rehab for children, adolescents, and adults. There is a Spanish interpreter on

site.

**Insurance:** Accepts Medicaid, Health Choice Insurance, and Self pay.

#### **Behavioral Healthcare Associates**

Phone: (919) 292-1464

**Located:** 319 Court Square Sanford, NC 27330

Population Served: Children, Adolescents, Adults

Insurance: BCBS, Cigna, Medicare, Tricare, United Healthcare

**Service Description:** Agency provides comprehensive clinical assessments, diagnostic assessment, individual outpatient therapy, medication management, psychiatric evaluations, and substance abuse counseling.

Website: http://www.behavioralhealthcareassociates.org/

#### **Beverly Wicker, LCSW, LCAS, CCS:**

Phone: (919) 415-4244

Email: beverlywicker@gmail.com

**Located:** 345 Carthage St Sanford, NC 27330

Service Description: Providing mental health and substance abuse services to children, adolescents,

adults, couples, and families.

Insurance: Major Insurances, Aetna, BCBS, Medicaid, Medicare, NC Health Choice, Optum, Self-Pay,

Sliding Scale, and Tricare

## Cecilia Patterson, LCSW, PLLC

Phone: (919) 895-6305

**Located:** 821 Woodland Avenue Sanford, NC 27330

**Population Served:** Children, Adolescents, Adults, Geriatrics, Couples, Families (Call to confirm) **Insurance:** Private Pay, Major Insurance In/Out of Network, Sliding Scales (Call to confirm)

Service Description: Comprehensive clinical assessment, Individual outpatient therapy, psychological

testing, and substance abuse counseling. (Call to confirm)

## **Compass House Counseling**

**Phone:** (919) 774-8790

Located: 311 W. Rose Street Sanford, NC 27330

Population Served: Children, Adolescents, Adults

Insurance: Medicaid, Health Choice, Major Insurances In-Network, Tricare, Self-Pay

Service Description: Agency provides individual outpatient therapy, Family counseling, Couples

counseling (FREE Consultation)

Website: http://www.compasshousecounselingnc.com/

#### **Daymark Recovery Services**

**Phone:** (919) 774-6521

Located: 130 Carbonton Rd Sanford, NC 27330

Service Description: Outpatient Mental Health, Outpatient therapy, diagnostic assessments, medical

management and a substance abuse facility. Serving children, adolescents, and adults.

Insurance: They accept Medicaid, HealthChoice, Medicare, IPRS, Major Insurances-Out of Network,

BCBS (Only in Network), Self-Pay.

Hours: 8:00am-5:00pm

Website: http://www.daymarkrecovery.org/

## Heartfelt Alternatives - Critical Access Behavioral Health Care Agency

Phone: (919) 844-7770

**Located:** 329 Carthage St Sanford, NC 27330

**Service Description:** Mental health agency that provides comprehensive clinical assessments, diagnostic assessments, psychiatric evaluations, individual outpatient therapy, medical management, community support, intensive in home support, case management, residential support, and a Spanish speaking interpreter and services for children, adolescents, and adults.

**Insurance:** They accept Medicaid, HealthChoice, and self pay.

Website: http://www.heartfelt4families.com/main/

# **Hopeful Horizons Counseling Service**

Phone: (919) 776-8831

Located: 321-A Court Square Sanford, NC 27330

Service Description: Mental health provider offering family, marital, and individual outpatient therapy for

children, adolescents, and adults,

Insurance: They accept major insurances and Tricare

Website: http://hopefulhorizonscounseling.com/

#### Jacobs Counseling – Cindy Jacobs

Phone: (919) 777-3350

**Located:** 215 Bracken St Sanford, NC 27330

**Service Description:** Mental health counselor that provides individual outpatient therapy, marital, depression, anxiety, family, couple, and individual therapy for children, adolescents, and adults **Insurance:** She accepts Medicaid, Tricare, IPRS, Major Insurances In Network, and Self Pay.

## Katie Thomas, LCSW, PLLC

**Phone:** (919) 561-5076

Located: 1012 Elm Street Sanford, NC 27330

**Population Served:** Children, Adolescents, Adults, Geriatrics, Couples, Families (Call to confirm) **Insurance:** Private Pay, Major Insurance In/Out of Network, Sliding Scales (Call to confirm)

Service Description: Comprehensive clinical assessment, Individual outpatient therapy, psychological

testing, and substance abuse counseling. (Call to confirm)

# Kenneth Smith, LCSW, LCAS, CCS

Phone: (910) 728-9523

**Located:** 1503 Elm Street Sanford, NC 27330

**Population Served:** Children, Adolescents, Adults, Geriatrics, Couples, Families (Call to confirm) **Insurance:** Private Pay, Major Insurance In/Out of Network, Sliding Scales (Call to confirm)

Service Description: Comprehensive clinical assessment, Individual outpatient therapy, psychological

testing, and substance abuse counseling. (Call to confirm)

# Life Span Counseling Center

Phone: (919) 777-6786

Located: 321-B Court Square Sanford, NC 27330

Service Description: Mental health provider offering family, marital, couple, and individual outpatient

therapy for children, adolescents, and adults.

Insurance: They accept major insurances, Signa, Tricare, Medicaid, Medicare, and Self Pay.

#### Linda W. Moore, RN, MSN, PA

**Phone:** (919) 770-0212

Located: 1503 Elm Street Sanford, NC 27330

**Population Served:** Children, Adolescents, Adults, Geriatrics, Couples, Families (Call to confirm) **Insurance:** Private Pay, Major Insurance In/Out of Network, Sliding Scales (Call to confirm)

Service Description: Comprehensive clinical assessment, Individual outpatient therapy, psychological

testing, and substance abuse counseling. (Call to confirm)

#### **Monarch Behavioral Services**

Phone: (919) 774-1485

**Located:** 214 McIver St Sanford, NC 27330

**Service Description:** Mental health provider offering psychological rehab for adults. Psychosocial Rehabilitiation (PSR) utilizes evidence-based practices to empower individuals with the skills they need to serve as active members of their community. PSR staff work with people in a group setting where positive peer support is part of healing.

**Insurance:** They accept Medicaid, Health Choice, Medicare, and IPRS **Website:** https://www.monarchnc.org/the-arc/47-locations/lee/219-lee-psr

#### **New Beginnings Counseling Services, PLLC.**

Phone: (919) 718-1597

**Located:** 1518 S. Horner Blvd Sanford, NC 27330

**Service Description:** Mental health provider offering comprehensive clinical assessments, diagnostic assessments, individual outpatient therapy, medical management, psychological testing, substance abuse comprehensive outpatient, substance abuse intensive outpatient, and DWI assessments. They have counseling for children, adolescents, and adults.

Insurance: They accept Medicaid, Health Choice, Medicare, IPRS, Major Insurance In-Network, Tricare,

Self Pay, and Sliding Scale.

Website: http://www.newbeginningscounselingservices.net/

## Nichole Merritt McFarland, MA, LMFT

Phone: (919) 356-7902

**Located:** 1503 Elm Street Sanford, NC 27330

**Population Served:** Children, Adolescents, Adults, Geriatrics, Couples, Families (Call to confirm) **Insurance:** Private Pay, Major Insurance In/Out of Network, Sliding Scales (Call to confirm)

Service Description: Comprehensive clinical assessment, Individual outpatient therapy, psychological

testing, and substance abuse counseling. (Call to confirm)

#### **VC and Associates**

Phone: (919) 718-4988

**Located:** 1600 S 3<sup>rd</sup> St Sanford, NC 27330

**Service Description:** Mental health agency that provides comprehensive clinical assessments, diagnostic assessments, individual outpatient therapy, psychiatric evaluations, medical management, psychological testing, intensive in home service, and day treatment for children, adolescents, and adults. Spanish interpreter on site.

Hours: Monday-Friday 8:00 a.m.-5:00 p.m.

Insurance: Accepts Medicaid, Health Choice Insurance, Blue Cross Blue Shield, Tricare, Cigna,

Medicare and other third party carriers.

# Sandhills Center

**Phone:** West End Office Phone (910) 673-9111 / After Hours Crisis (800) 256-2452 / Deaf (800) 855-2880 / Sanford Phone (919) 774-6521 / Sanford Crisis Line (919) 774-4520

Located: 1120 Seven Lakes Dr West End, NC 27376 / 130 Carbonton Rd Sanford, NC 27330

**Service Description:** Sandhills Center provides public access to North Carolina's state-supported mental health services in eight counties: Anson, Harnett, Hoke, Lee, Montgomery, Moore, Randolph, and Richmond. It both manages and provides services pertaining to mental health, developmental disabilities, and substance abuse.

Services are offered to all eligible populations in need of mental health, developmental disability and/or substance abuse services. Services managed by the LME include those listed below. In some cases the LME may also provide them. This decision is based on consumer choice and resource availability:Outpatient Therapy, Psychiatric Services, Case Management, Residential Services, Day Services, 24-Hour Inpatient Services, Periodic Services (eg: Community Support), Emergency Services, 24/7 Crisis Service.

Eligibility: Eligibility varies with program. Please call for more information about specific programs

Intake Process: Call for assessment and appointment

Hours: 24/7

**Program Fees:** Fees vary with program. **Website:** http://www.sandhillscenter.org/

#### Sandhills Clearview Counseling Services (Julie Brown, PhD, LPC, NCC, CTS, DBTS)

Phone: (919) 478-9969

**Located:** 318 Court Square Sanford, NC 27330

**Population Served:** Children, Adolescents, Adults, Geriatrics, Couples, Families (Call to confirm) **Insurance:** Private Pay, Major Insurance In/Out of Network, Sliding Scales (Call to confirm)

Service Description: Comprehensive clinical assessment, Individual outpatient therapy, psychological

testing, and substance abuse counseling. (Call to confirm)

Website: http://www.sandhillsclearview.com/

# <u>Set Apart Christian Counseling – Dr. Dorothy Waterson (Licensed Clinical Christian</u> Counselor)

Phone: (919) 345-8002

**Located:** 215 Bracken St Sanford, NC 27330

Service Description: Mental health counseling for couples, families, and individuals.

**Insurance:** Call for insurance information

#### **Well Centered**

Phone: (919) 777-9355

**Located:** 1911 Keller Andrews Rd Sanford, NC 27330

**Service Description:** Mental health agency offering multiple counselors that provides family, couple, individual, PTSD, military, individual outpatient therapy, and substance abuse counseling for children,

adolescents, and adults.

Insurance: Accepts self-pay and sliding scale

# Mental Health Crisis

## First Responder – Emergency Situations

Phone: Dial 911

**Located:** 1135 Carthage St Sanford, NC 27330 – Central Carolina Hospital ED

**Service Description:** Persons with an established relationship with a provider should contact their provider in NON emergency situations. Suicidal threats, suicidal attempts, and mental health crisis

situations involving immediate life threatening DANGER then you should call 911.

**Hours:** 24/7 365 days a year **Eligibility:** Mental Health Crisis

**Suicide Hotline: Suicide Prevention** 

Phone: 1-800-273-8255

# **Therapeutic Alternatives**

Phone: 1-877-626-1772

**Located:** 1600 S 3<sup>rd</sup> St Sanford, NC 27330

**Service Description:** Mobile Crisis Service – Onsite within 2 hours and on call 24/7.

Hours: 24/7

Eligibility: Need for mental health services, crisis situation

# Support Groups

#### The Enrichment Center of Lee County-Support Groups

Phone: (919) 776-0501

**Located:** 1615 S Third St Sanford, NC 27330

Service Description: Diabetes Support Group. Facilitator: Liberty Home Care. Meetings are held the first Wednesday of every month at 10:30 a.m. Special speakers, information on new treatments, and answers to your many questions on living a full life with diabetes. This group is for the diabetic, as well as caregivers and loved ones of diabetics. Living with Vision Loss Support Group. Meetings are held the second Wednesday of each month at 1:00 p.m. This group was created for people with vision impairments (including Macular Degeneration) and their loved ones to discuss ways to cope with low vision. Grancare Support Group. Meetings are held the fourth Thursday of every month at 5:30 p.m. Are you a grandparent raising grandchildren and parenting the second time around? Grancare needs your participation. Please call 919-776-0501 ext. 201, if you plan to attend. Refreshments served and childcare provided upon request. Prostate Support Group. Meetings are held the second Tuesday of every month at 7:00 p.m. The group concentrates on the sharing of experiences that stimulate psychological, social, and emotional awareness to enhance quality of life. An educational component provides information on nutrition, sexuality, coping skills, and diagnosis and treatment modalities. An emphasis is placed upon outreach to men with newly diagnosed cancer of the prostate. Alzheimer's Support Group. Meetings are held the second Tuesday of every month at 1:00 p.m. Caregivers of loved ones with Alzheimer's come together and support each other through sharing of their knowledge, experiences, and advice. It is our hope all who join this loving group will find comfort in knowing that you are not alone on your journey through this terrible disease. Caregivers Connections Support Group. Meetings are held the fourth

Tuesday every month at 10:00 a.m. Are you a caregiver? This is an opportunity to share your concerns, problems, and ideas in connection with caring for your loved one as well as learning from the knowledge of others who may be experiencing a similar situation. **Parkinson's Disease Support Group**. Meetings are held the third Wednesday of every month at 10:30 a.m. Support, problem solving, and education for persons with Parkinson's Disease, families, and caregivers. Sanford Cancer Support Group. Meetings are held the first Tuesday of every month at 7:00 p.m. Commitment to provide information and support to anyone who has been touched by cancer. **Arthritis Support Group**. Meetings are held the second Thursday of every month at 11:00 a.m. An educational and mutual support group that will focus on helping people with any form of arthritis. **Parents Support Group-Living with Loss of a Child**. Meetings are held the first Thursday of each month at 7:00 p.m. Commitment to provide support to anyone dealing with the loss of a child. **Grief Support Group**. Meeting held first Thursday of each month at 1:00 p.m. Provides opportunity for those persons grieving to come together for support and assistance with the grieving process. All meetings are held at The Enrichment Center.

Program Fees: None

**Hours:** Monday-Friday. Refer to Service description for times of meetings. **Website:** http://www.leecountync.gov/Departments/SeniorServices.aspx

# **Parenting**

## **Coalition for Families**

Phone: 919-774-8144 Fax: 919-774-0631

Located: 507 N. Steele Street Sanford, NC 27330, Arts & Community Center, 2<sup>nd</sup> Floor

**Hours:** Monday-Friday, 8:30am – 5:00pm **Website:** http://coalitionforfamilies.org/

## **Adolescent Parenting Program**

**Phone:** 919-774-8144 ext. 211 **Eligibility:** Pregnant or parent teens in school. **Service Description:** This program is for teenagers who are pregnant or parenting. The goals are: to prevent a second pregnancy; graduate from high school; and develop parenting skills. Group breakout sessions are offered during and after school and throughout the summer that focus on daily life issues, parenting concerns, maternal and child health and educational goals. Home visits are also made on a monthly basis using the Partners for a Healthy Baby curriculum. Child development information, age appropriated activities, literacy, developmental testing and referrals to other agencies are aspects of the parenting component. There are also tours of local health facilities and the community college. The program serves up to 25 teens at any given time.

#### Child Care Resource and Referral (CC&R)

**Phone:** 919-774-8144 ext. 209 or 210

**Service Description:** Coordinates local efforts to help families' access quality child care options. This program works with early childhood education professionals to provide specialized training and technical assistance around state licensing standards and quality child care issues. This program shares with the community information on supply and demand of early care and education resources.

#### **Parents as Teachers**

**Phone:** 919-774-8144 ext. 204 **Eligibility:** Families w/ children birth thru age 5 **Service Description:** Parents as Teachers is a home visitation program for families with children birth to age five. A parent educator shares child development information from the National Parents as Teachers curriculum and an age-appropriate activity each month. The focus of this program is to prepare children for kindergarten and to provide parent support. Free children's books are given out monthly and developmental screenings are offered each year. Group meetings and community activities that promote literacy are presented throughout the year such as Dr. Seuss Week, hosted at childcare centers; a summer reading program; Day of the Young Child Event; and a Preschool Literacy Day at the Lee County Fair. The "Learning Center" (a classroom set up with age appropriate toys designed to encourage educational play time) is available to all parents with preschool children in the program.

#### **Sister Love**

Phone: 919-774-8144 ext. 204

**Service Description:** This program is an infant mortality reduction initiative for African-American women who are pregnant or have just recently given birth. Program focus includes care coordination and case management by trained outreach workers. This incorporates health education and group support activities, comprised of an exercise component, home visitations, evaluations, and referrals to other agencies. To ensure success, outreach workers integrate an incentive component. The outreach workers have also been trained in the national Parents as Teachers model to support early childhood development, to assist the moms in identifying early childhood goals, to encourage attainment of those goals, to identify developmental milestones, and make appropriate referrals to other agencies when needed. There is a strong follow-up assurance component when referrals are made. Community outreach is also an element of Sister Love, using a program called "Barbers and Beauticians". It is a lay health advisor model that focuses on educating neighborhoods about factors that contribute to infant mortality, health disparities, and sudden infant death syndrome, HIV/Aids and parenting issues.

#### **Teen Outreach Program (TOP)**

**Phone:** 919-774-8144 ext. 205 or 216

**Service Description:** Sessions are held during the school day for students in 7th and 8th grades. Topics covered in group sessions include; self-esteem, good decision making and taking responsibility for the well-being of their communities. The students also take educational field trips and complete a community service project of at least 20 hours. The TOP program is a great way for adolescents to get involved in their communities and learn positive life skills.

# <u>Diaper Pantry – Hunt Springs Baptist Church</u>

Phone: (919) 774-1822

Located: 1557 St. Andrews Church Rd Sanford, NC 27330

Hours: Thursday 4:00pm-6:00pm

**Service Description:** Bundles of Hope Diaper Pantries cover the diaper needs of familes/individuals in Lee and Chatham Counties. The need is defined as those who struggle to provide babies with clean dry diapers. Those in need have to call and fill out an application for diapers. There is delivery of diapers available.

# **Mothers of Preschoolers (MOPS)**

Phone: 919-776-2012

Located: St. Luke's United Methodist Church 2916 Wicker Street Sanford, NC 27330

Hours: Second Tuesday, 9:30am-11:30am

Website: <a href="http://www.mops.org/groups/sanford-mops">http://www.mops.org/groups/sanford-mops</a>

**Service Description:** A MOPS meeting includes practical teaching through speakers, demonstrations and videos. Plus, there's usually food... food you didn't make! But more important, you'll get to have honest conversations with other moms who understand the joys and frustrations of motherhood.

# Family Caregiver Program, The Enrichment Center of Lee County

**Phone:** (919) 776-0501

**Located:** 1615 S Third St Sanford, NC 27330

**Service Description:** The Family Caregiver Program provides information and referral services, assess needs, and helps the caregivers to find solutions available in our community, offers educational services such as caregiving training, conferences, seminars, support groups, and provides respite care, allowing caregivers time to meet other responsibilities.

**Intake Process:** In person and by phone. **Eligibility:** Anyone in caregiver role.

Hours: Monday - Friday, 8:00 a.m. - 5:00 p.m. / Evening appointments on Tuesday are available.

Website: http://www.leecountync.gov/Departments/SeniorServices.aspx

# **Pregnancy**

**Lee County Public Health – Clinical Services** 

**Phone:** 919-718-4640 **Fax**: 919-718-4632 **Located:** 106 Hillcrest Drive Sanford, NC 27330

Hours: Monday-Thursday 8:00am-5:00pm / Friday 8:00am-11:30am

Service Description: Pregnancy tests, prenatal care, WIC Certification (Food Vouchers), Screening and

Treatment for STDs, Pap Smears and Family Planning, Immunizations, TB follow-up, Wise

Women/BCCCP, Communicable Disease Control Program, Medical and vital records, Child Health, Child Service Coordination, Pregnancy Care Management, Primary Care, Chronic Diseases, Health Education

Classes (Birth Control Options and STDs/Adolescent Issues.

**Reach Out Crisis Pregnancy Center** 

**24/7 Helpline**: 1-800-712-HELP **Phone**: 919-777-0236

Hours: Monday-Thursday 10:00am-3:00pm Located: 507 N. Steele Street Sanford, NC 27330

Arts & Community Center, Room 306

Website: www.reachoutcpc.com

**Service Description:** At Reach Out Crisis Pregnancy Center, we're not here to judge or tell you what you should decide. We're here to provide you with a FREE lab quality pregnancy test and medically accurate information. Our staff will go over all of your options with you if your pregnancy test result is positive. We understand that sometimes you need a place to process everything, to think through all your options, to feel safe and to share what's on your mind. Maybe you just need to know you don't have to face this alone. We do not perform, nor do we refer for abortion. We are not involved in anyone's adoption plan, we have no financial interest in your decision. If you have questions about pregnancy, abortion procedures, adoption, parenting, and sexually transmitted infections, please don't hesitate to visit Reach Out Crisis Pregnancy Center. We are here to listen to your needs. All of our services are confidential and free of charge. Our services are available regardless of income, race or religion.

#### Sexual Health Initiatives for Teens (SHIFT)

Phone: 919-226-1880 Fax: 919-226-1884

**Located:** 3710 University Drive, Suite 310 Durham, NC 27707

Website: http://www.shiftnc.org/

**Service Description:** Helping communities and schools implement effective, age appropriate sex education; Providing top-notch professional development and resources to people who serve and impact North Carolina youth; Increasing awareness of adolescent sexual health, including teen pregnancy, its root causes, and effective solutions; Working with health care providers to make services more accessible and welcoming to young people; Strengthening parents' voices in communities and in their own families; Helping communities reach the most vulnerable youth; Working directly with youth to provide information and advocacy opportunities; Our work focuses on putting proven strategies into practice, and on helping North Carolina's communities, leaders, young people, and families do the same.

# **Senior Citizens**

# **Christian Healthcare Adult Daycare**

Phone: 919-775-5610 Fax: 919-775-2588

Located: 507 N. Steele Street Sanford, NC 27330

supervision, assistance, and group interaction or recreation during the day.

# The Enrichment Center of Lee County - Department of Senior Services

**Phone:** 919-776-0501 **Fax:** 919-774-7593 **Located:** 1615 S. Third Street Sanford, NC 27330

**Website:** <a href="http://www.leecountync.gov/Departments/SeniorServices.aspx">http://www.leecountync.gov/Departments/SeniorServices.aspx</a>

**Service Description:** The enrichment center has services that include living wills, indigent programs, resource library, notary public, senior games, community outreach, grandparent support, aging provider network, support groups, public access PC & Internet, nutritionally balanced meals, home delivered meals, respite referral, transportation, volunteer opportunities, medical information assistance, insurance counseling, tax assistance and resources for caregivers.

## Lee County Industries (LCI)

**Phone:** 919-775-3439 **Fax:** 919-774-6926 **Located:** 2711 Tramway Road Sanford, NC 27332

Hours: Monday-Friday 9:00am-3:00pm

Fees: None. Paid for by Mental Health.

Service Description: LCI has programs that provide care and supervision in a protective setting for dependent adults living in the community during some portion of a 24-hour day. Services may include social and recreational activities, training that is essential for sustaining activities of daily living, hot meals, as appropriate and, if an adult day health care center, health and related services.

#### Meals on Wheels of Sanford

Phone: 919-708-4181

Website: www.mowsanford.org

Mailing Address: P.O. Box 2991 Sanford, NC 27331

**Fees:** \$2.70 per meal; subsidies available **Hours:** Answering service is 7 days a week.

Eligibility: Reside within Sanford city limits; homebound and unable to cook for self.

**Service Description:** Our organization is designed to serve residents within the city limits of Sanford who live alone or who are unable to go to the grocery store or are unable to cook for themselves. People who are recovering from surgery, handicapped or other physical limitations would also qualify. We work closely with Lee County Social Services, the hospital and others who recommend clients to us. The meals

#### Social Security Administration (SSA)

**Phone:** 919-775-1561 **Additional:** 919-775-1033

income (SSI).

# Shelter

# Lee County

# <u>Christian Faith Ministries – Men and Women's Shelter</u>

Phone: 919-775-1311 (Office) Fax: 919-775-5516

Contact: Pastor Dr. Donald Kivett

Located: 3110 Cameron Drive Sanford, NC 27332

Website: www.christianfaithministries.net

# **Extreme Weather Shelter**

Phone: 919-777-SAFE (7233)

**Located:** 219 Maple Ave Sanford, NC 27330

Hours: 6:00pm – 8:00am on nights whenever the outside temperature drops below 32 degrees before

midnight

**Eligibility:** No one under 18 years old **Meals Served:** 7:00pm – 8:00pm

Service Description: The Bread of Life Ministries and Sanford S3 Housing Connect group have opened

together to open the Extreme Weather Shelter. The facility will be open whenever the outside

temperature drops below 32 degrees before midnight. Listen to WXKL AM Radio 1290, WWGP AM 1050,

& WFJA 105.5. Facebook: Bread of Life Ministries.

Contact: Breadbasket: 919-7743118 or Lee County Library: 919-718-4665

# **Family Promise of Lee County**

**Phone:** 919-718-1540

Located: 2302 Woodland Ave Sanford, NC 27330

Eligibility: Homeless families with sustainability to seek employment or advanced education. The

program lasts a maximum of 3 months and is reviewed every 30 days.

**Service Description:** Homeless shelter. <u>Alcohol and drug</u> free environment for all guests and volunteers. Provides day housing for homeless families, while community churches provide the night housing. This program is set up to help homeless families achieve sustainable independence. This is a working partnership between Family Promise and the guests. The maximum housing is fourteen individuals.

# **HAVEN in Lee County**

Phone: (919) 774-8923

**Located:** 215 Bracken St Sanford, NC 27330

**Service Description:** Our mission is to help people heal from abuse as we work to end domestic violence and sexual assault through community education, intervention and primary prevention. Emergency shelter for women and fleeing domestic violence and/or sexual assault situations.

Hours: M-F 9:00am-5:00pm 24/7 Crisis Hotline

Website: www.havenlee.org

# The Men's Shelter

Phone: 919-776-8474 (Shelter)

Located: 705 Chatham Street Sanford, NC 27330

Hours: 30 day shelter, open from 6:00pm-8:00am

Intake: Contact by phone after 6:00pm

**Service Description:** Offers shelter for men in need. Three meals a day are provided. Other needs may be addressed by staff through referral. We begin by meeting our house residents where they are, providing for basic needs including safety, nutritious hot meals, showers, laundry, and clean clothing. We offer a warm bed, basic necessities, and a structured opportunity to gain self-sufficiency. We provide resources and referrals to social services, medical care, legal and financial aid, shelter, housing, and employment. Weekly group sessions are held to offer support, encouragement, and biblical teachings. Most residents attend Wednesday night bible studies at 7:00pm and Sunday morning worship service at 10:45am. Admission is available on a first come, first serve basis. We cannot accommodate reservations.

The Women's Shelter

Phone:919-774-7112 (Shelter)Located:507 S. Third Street Sanford, NC 27330Eligibility:Women and ChildrenHours:30 day shelter, open from 6:00pm-8:00am

Intake: Call after 6:00pm

**Service Description:** Offers shelter for women and children in need. Three meals a day are provided. Other needs may be addressed by staff through referral. We begin by meeting our house residents where they are, providing for basic needs including safety, nutritious hot meals, showers, laundry, and clean clothing. We offer a warm bed, basic necessities, and a structured opportunity to gain self-sufficiency. We provide resources and referrals to social services, medical care, legal and financial aid, shelter, housing, and employment. Weekly group sessions are held to offer support, encouragement, and biblical teachings. Most residents attend Wednesday night bible studies at 7:00pm and Sunday morning worship service at 10:45am. Admission is available on a first come, first serve basis. We cannot accommodate reservations.

# **Harnett County**

# **Beacon Rescue Mission**

**Phone:** 910-892-5772

**Located:** 207 W Broad St Dunn, NC 28334

**Service Description:** The Beacon Rescue Mission provides supervised shelter, food, clothing, and personal supplies free of charge. We assist people who are homeless, stranded, battered, in emergency situations, or who need to leave unstable environments for a number of reasons, giving them a chance to find work, save money, and seek decent and safe homes.

Website: http://www.beaconmission.com/

# **SAFE of Harnett County**

Phone: 910-893-7233 Located: 1210 S Main St

d: 1210 S Main St Lillington, NC 27546

**Service Description:** SAFE's shelter provides safe housing and a comprehensive program of support and advocacy to victims fleeing abuse. The goal of the shelter is to empower residents to regain their self-sufficiency and live safe and productive lives. During their stay at the shelter, residents may participate in case management, counseling, support groups, and receive referrals for additional community support.

Website: <a href="http://safeofhc.org/">http://safeofhc.org/</a>

#### **Fayetteville VA Medical Center Homeless Program**

**Phone:** 910-488-2120 or 800-771-6106

**Located:** 2300 Ramsey St Favetteville, NC 28301

Service Description: Offering healthcare, housing, and substance abuse treatment for homeless veterans. HCHV Outreach Program: Offering trained counselors to assist homeless veterans and their families 24/7. Healthcare for Homeless Veterans Outreach Program: Treatment and rehabilitative services for veterans available through community outreach. Veteran Justice Outreach Program: To provide information and assessment services to eligible veterans in the criminal justice system, to refer and link these veterans to appropriate VA and community services. Department of Housing & Urban Development/VA Supportive Housing: The HUD-VASH program provides homeless veterans with opportunity to reintegrate into the community through housing assistance and case management.

# **Moore County**

Bethany House Phone: 910-892-5772

**Located:** 240 E. Vermont St Southern Pines, NC 28387

**Service Description:** Bethany House is a nonprofit, charitable corporation dedicated to providing a clean and sober living environment for women recovering from substance abuse in the south-central region of North Carolina. Residents are adult women who are motivated to continue their recovery. *Bethany House* provides a clean, safe, structured and supportive home-like setting before returning to active family, social and community life.

Website: http://www.emmanuel-parish.org/ministry/community-outreach-ministries

Bethesda, Inc.

**Phone:** 910-944-7700 **Located:** 204 N Pine St Aberdeen, NC 28315

Service Description: Bethesda, Inc. offers substance abuse disorder rehabilitation, as well as a halfway

house for men.

**Family Promise of Moore County** 

**Phone:** 910-944-7179 **Located:** 303 Peach Ave

Aberdeen, NC 28315

Service Description: The overnight shelter program provides shelter for homeless families through local

congregations rotating in their responsibilities on a weekly basis. Breakfast, lunch, dinner, and

transportation between the host congregation and the Day Center is provided.

# **Friend to Friend of Moore County**

Phone: 910-892-5772

Located: 103 Monroe St #102 Carthage, NC 28327

**Service Description:** Serenity House is a sanctuary for women and children who are fleeing domestic violence and/or sexual assault. Each of our guests or families has their own room and has access to the

kitchen, restroom and laundry facilities.

Website: http://www.friendtofriend.me/default.aspx

#### NC Domestic Violence Shelters

<u>Link to All Domestic Violence and Sexual Assault Shelters in North Carolina</u> https://nccadv.org/get-help

# **Transportation**

# County of Lee Transit System (COLTS)

**Phone:** 919-776-7201

Located: 1615 S. Third Street Sanford, NC 27330

Website: www.leecountync.gov Intake: Call 919-776-7201

Hours: Monday-Friday 7:00am-4:00pm Eligibility: Must reside in Lee County

**Fees:** No cost for seniors over 60 to medical appointments. Transportation per deviated route from most points in the city to a city destination is \$2 per person, each way. Transportation from city to county to city is \$4 per person, each way. Transportation to Chapel Hill or Durham (Tuesday-Thursday) is \$8 per person, each way.

**Service Description:** COLTS is a coordinated transit system that provides transportation services for the general public and human service agencies in Lee County. Provide transportation for citizens of Lee County to work, medical appointments, shopping, Senior Services, and necessary errands. Medical transportation available to Chapel Hill and Durham (Tuesday-Thursday). COLTS has lift vans available for physically challenged persons who are in wheelchairs or have mobility concerns.

#### D.A.Y. Taxi Service

Phone: (919) 353-0063

**Located:** 1503 Woodland Ave Sanford, NC 27330

**Service Description:** Taxi Service

# Fleming Transportation - Pronto Taxi

Phone: (919) 775-7200

Located: 307 S Gulf St Sanford, NC 27330

Service Description: Taxi Service

# Highway to Healing, Inc.

Phone: 919-774-8940 Intake: Call center to schedule. Eligibility: Must need transportation to cancer treatment and live in Lee County.

Fees: None Located: 1615 S. Third Street Sanford, NC 27330

**Service Description:** Free transportation service for cancer patients residing in Lee County.

## **Paradise Towing & Recovery**

Phone: (919) 774-0999

Located: 1115 S Horner Blvd Sanford, NC 27330

**Service Description:** Call our 24/7 towing call center today in Sanford, North Carolina. Our staff is well trained, and we take pride in being courteous and respectful to our customers. If you are looking for the best towing and auto repair service in town then Paradise Towing is your best choice. Call today for more information about auto repair, 24 hour roadside assistance, wrecker towing, and tractor towing services. Towing service, full service garage, state inspections, and oil changes.

Hours: 24/7

Website: http://www.paradisetowingandrecovery.com/

# **Voting Rights**

# **Lee County Board of Elections**

Phone: (919) 718-4646

Located: 225 S. Steele St #C Sanford, NC 27330

**Service Description:** Lee County Board of Elections is there to help their local citizens register to vote, change party affiliation, get information about your precinct, absentee ballots, rights, and etc. The Duty of the Lee County Board of Elections is to: Preserve and Promote the Election Process for Citizens of Lee County. Please remember that voting registration information is PUBLIC INFORMATION, therefore when you change your information you can find it publically online.

Hours: Monday through Friday 8:00am-5:30pm

Website: http://www.leecountync.gov/Departments/Elections.aspx